



JMJ



ISO Certificate No.
Q9186414992

COLLEGE FOR WOMEN (AUTONOMOUS), TENALI - 522 202

Affiliated to Acharya Nagarjuna University



Rev. Fr. MATHIAS WOLFF S.J.
FOUNDER - SOCIETY OF JMJ



College Magazine

2022-2023

Ph : 08644 - 227994, 225994, 225997



Dr. Sr. MARY GLOWREY, M.D.
SERVANT OF GOD
(1887 - 1957)

Founder
JMJ HEALTH CARE INSTITUTIONS



**Rev. Sr. STANISLAUS
SWAMIKANNU PILLAI**
(1897 - 1975)

Architect
JMJ EDUCATIONAL APOSTOLATES



JMJ



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J.M.J. COLLEGE FOR WOMEN
Estd. 1963 (AUTONOMOUS) TENALI

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Dr. Sr. THERESAMMA GADE
CORRESPONDENT



Dr. Sr. SHINY K.P
PRINCIPAL



Rev. Sr. MARY SARADA
VICE - PRINCIPAL



College Management



Teaching Staff



Non Teaching Staff



Examination Cell



IQAC



B.Sc. CBZ



B.Sc. Home Science



B.Sc. MPC



B.Sc. Computer Science



B.Sc. MSCS



B.Com. Computer Science



B.A.



Intermediate - I MPC



Intermediate - II MPC



Intermediate - Bi.PC



Intermediate - CEC



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JMJ COLLEGE FOR WOMEN

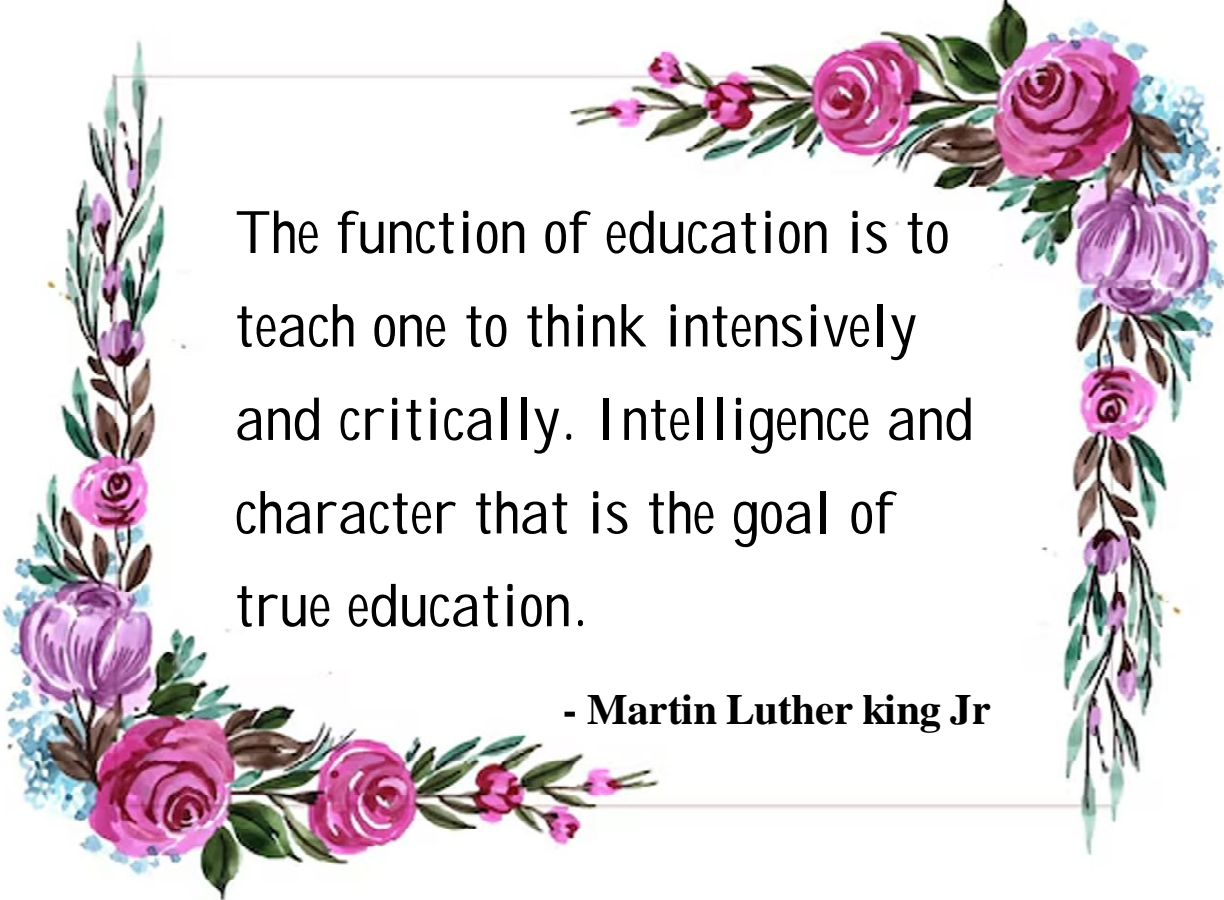
(AUTONOMOUS), TENALI - 522 202

(Affiliated to Acharya Nagarjuna University)

COLLEGE MAGAZINE

2022 - 2023

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The function of education is to teach one to think intensively and critically. Intelligence and character that is the goal of true education.

- Martin Luther king Jr



VISION

To educate, enrich and empower the young girls to achieve academic excellence, spiritual growth and noble principles of life, to become integrated women force to lead home and society.



MISSION

JMJ Higher Education aims to promote the intellectual development of the rural youth who are socially and economically backward, and enable them to serve the society. The institution aims at enhancing the levels of competence, commitment and compassion to prepare the students as dynamic leaders and global citizens.

Editorial Board

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Sr. G. Mary Sarada

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Dr. N. Vimala Devi

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Dr. R. Naga Jyothi

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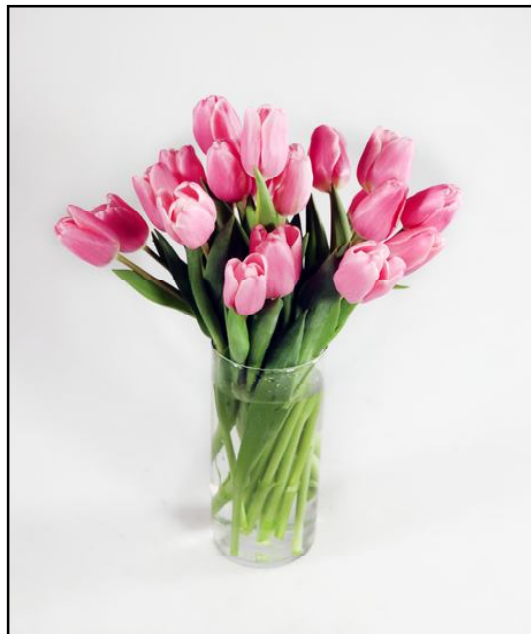
EDITORS-IN-CHIEF ADDRESS

The academic year 2022-23 marks a new beginning, as we emerge from the grasp of the pandemic and embark on a journey of hope and optimism. The challenges of the past years have only fueled our determination to create a vibrant, inclusive, and innovative learning environment. This magazine reflects the latest chapter in our academic journey, showcasing the achievements, aspirations, and the diverse range of activities that define our college community. While the pandemic's impact lingers, our commitment to progress remains unwavering. Join us in delving into the inspiring stories and remarkable accomplishments of the academic year.

Dr. N. Vimala Devi

Chief Editor

Department of English



PRINCIPAL'S MESSAGE

“The function of education is to teach one to think intensively and to think critically. Intelligence plus character – that is the goal of true education.” - Martin Luther King Jr.

Unveiling the pages of this year's college magazine, we invite you to explore the essence of JMJ College – our mission, vision, dreams, achievements, and the promise of a brighter future. Each passing year brings a sense of renewal, fresh ideas, and new horizons to explore. JMJ College has remained steadfast in its commitment to society for the past 60 years, never straying from the vision and mission set forth by our Founder, Rev. Fr. Mathias Wolff.

Generations of students have crossed the thresholds of this esteemed institution, leaving an indelible mark on various facets of life and contributing to social, economic, and spiritual transformation on both a national and global scale. Our journey is guided by faith, as we seek divine blessings in all our endeavors, finding strength in empowering young women through the gift of quality education.

At the heart of our educational philosophy is the belief that students should cultivate a compassionate heart, one that resonates with empathy and shared experiences. Education, in our view, is a journey of character formation and transformation. We are resolutely committed to forging a humane, just, eco-friendly, and gender-sensitive society. Our constant endeavor is to nurture a community that lives in harmony with nature and fellow beings.

Inspired by the vision of Pope Francis, we encourage our JMJ College students to actively participate in preserving our common home. We invite you to join us in our earnest mission to maintain a green, clean, and plastic-free campus, a sanctuary for learning and harmonious coexistence.

We take immense pride in receiving the Certificate of appreciation for our remarkable dedication and voluntary contributions toward empowering individuals with visual challenges. This recognition underscores our commitment to making education accessible and inclusive.

This year marked a significant milestone as we celebrated the Bicentenary Jubilee of the JMJ Congregation and the Diamond Jubilee of JMJ College. It's a testament to our six-decade journey of remarkable contributions to society, where thousands of our students

have embarked on fulfilling careers, ensuring a safe and prosperous future for themselves, and perpetuating our legacy of empowerment and progress.

The outstanding contribution of our alumni and their inspiring reunions on campus served as a beacon for our current students. We hosted the Art & Science Exhibition-2023, welcoming colleges and schools from far and wide, fostering a spirit of exploration and innovation. Our students excelled in cultural activities and competitions, achieving championship status and showcasing their remarkable talents.

For the past six decades, JMJ College has been a beacon of quality education in Andhra Pradesh, fulfilling the vision of our founder who sowed the seeds of our JMJ Congregation to empower young women through education. We remain ever grateful to Rev. Sr. Stanislaus Swami Kannu Pillai, the Architect of our college, and all the pioneers who dedicated themselves tirelessly to the growth and development of this institution. We strive forward to empower many more young minds to women of competence, skills, and wisdom who can contribute to the welfare of our nation.

As we look to the future, our commitment to empowering young minds and nurturing them into women of competence, skills, and wisdom remains unwavering. We invite you to be a part of this incredible journey, where each student's success adds to the collective growth and progress of our nation.

With warm regards

Dr. Sr. Shiny K.P

Principal,

JMJ College for Women (A), Tenali



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JMJ in the News



PART - I

ANNUAL REPORT

Honourable Chief Guest of the day, **Ms. GEETANJALI SHARMA, IAS**, *Sub Collector, Tenali, A.P.*, Guests of honour **Sri.K.S.LAKSHMANA RAO**, Member of Legislative Council (MLC), Guntur & Krishna Graduates Constituency, A.P., and **Dr.T.Neeraja**, **our Alumnae**, Retired Dean of Community Science Acharya N.G Ranga Agricultural University, Guntur distinguished dignitaries, Dr.Sr.Theresamma Gade, the Correspondent, Sr.G.Mary Sarada, Vice Principal, Ms.N.Kavya, III B.Sc MP Comp., the Student Representative, Officials of the college, members of the Governing Body, Academic Council, Deans of Arts & Science, respected Teaching fraternity, Non-teaching staff, Reverend Fathers, Sisters, Community members, our esteemed alumni, parents, invitees, benefactors, Administrators of Hostel, Global School, SWADHAR, members of the media and my dear students, Good Evening and a warm welcome to everyone present here to the **60th Annual Day of JMJ College for Women (Autonomous), Tenali.**

College Day is one great occasion to share our mission, our dreams, celebrate our achievements, unravel the future vision and reaffirm our commitment to imparting quality education for all sections of the society. Every year brings with it so much freshness, new ideas and new horizons to be explored. JMJ College has been relentlessly serving the society for the past 60 years without deviating from the vision and mission envisaged by our Founder Rev.Fr.Mathias Wolff. Generations of students who have passed the portals of this great institution have immensely contributed to all spheres of life and facilitated a social, economic and spiritual transformation at the national as well as the global level. We seek God's Blessings in all our endeavours and our faith in the Almighty gets strengthened as we empower the young girls through quality education.

The College emphasizes that the students cultivate a compassionate heart that vibrates for and with others. We believe that education is for both character formation and transformation. Therefore we are on a determined journey towards building a humane, just, eco-friendly and gender sensitive society. Our constant attempt has been to create a community of persons who are continuously in harmony with nature and others. The vision of Pope Francis, inviting the youth to join hands in preserving our common home will drive our JMJ college students to engage themselves continually in preserving our common home. In a special way, I would like you to join us in our fervent drive to keep this campus green, clean and plastic free.

I whole heartedly thank our committed Faculty, Non-teaching staff, Alumnae, benefactors, parents and students who play a key role for the growth and progress of the institution. With great pleasure, I present to you the report of the major events and outstanding achievements of our JMJ College during the academic year 2022-23. The academic year 2022-2023 began on 13th June 2022 for all Inter, Degree and PG students.

ACHIEVEMENTS & AWARDS OF THE COLLEGE

- * In Education World India Autonomous Colleges Rankings 2022-23, our college got 117th Rank in India and 18th Rank in Andhra Pradesh.
- * Received Good Hygiene Practices certifications from HYM International certifications Pvt Ltd, Hyderabad on 27th July 2022.
- * Received ISO 50001:2011 Certification from HYM, Hyderabad for the Implementation of Energy Saving Practices on 9th November, 2022.
- * Received ISO 14001:2015 Certification from HYM, Hyderabad for the Implementation of Greenery and Environmental Promotion Activities on 9th November, 2022.
- * Received ISO 90011:2015 Certification from HYM, Hyderabad for providing Quality Education to Intermediate, Degree and PG students on 10th January, 2023.
- * Received Certificate of Appreciation for outstanding excellence and amazing commitment towards voluntary contribution during the year 2022-2023 for the empowerment of persons with visual challenges.

MoU AGREEMENT

The College has signed MoU with many reputed colleges like **St.Francis College, Hyderabad, St.Xavier's College (A), Palayamkottai, St.Ann's College of Education, Secunderabad etc.** to have student exchange

programmes and Faculty Development Programmes for the Academic year 2022-23.

ACHIEVEMENTS OF THE STAFF

- * Dr. S. Uma Maheswari, Department of Mathematics got a patent for her paper titled Machine Learning Based Construction Materials Requirement Prediction By Calculating Build up Area, Application No. 202241018276, Issue No. 14/2022 on 8th April 2022.
- * Dr. D.Vijaya Lakshmi, Dept of Telugu received her Doctorate from Acharya Nagarjuna University for her Thesis “Guntur District Tenali Mandal Nomadic Denotified Tribes Budabukkala, Dommara, Mondibanda, Pamula Castes their Social Life and Literature-Analysis “ on 6th August, 2022.
- * Our staff members were appointed as members of Board of Studies of ANU and other institutions. And Mrs. P. Hema latha was deputed as a member in AP Open School Society, Guntur to prepare confidential material for SSC & Intermediate Programmes in Open Distance Learning from 15th to 17th February, 2023.
- * 48th AP Lecturers tournament was organised by RVR &JC Engineering College, Chowdavaram on 25th& 26th February, 2023. Dr.K.Aruna Sujatha and Mrs.M.Vanaja won first place in Lecturers Tournament.
- * Ms. M. Aruna, HoD, Zoology is a **Honorary Member of the Research Circle, Delhi** from April 18, 2022 to April 18, 2023.

ACHIEVEMENT OF THE STUDENT

- * K.Rishithavi II B.A. Economics received Dr.Ambedkar National Merit Award of cash prize Rs.40, 000/- for her outstanding Academic Performance and 3rd position in the State in AP Intermediate Examination 2020-21 on 9th September, 2022.
 - * Internship & Community Service Projects
 - * MoU was signed with Pearl Lab Industry, Guntur and completed two months internship programme for students after IV Semester from October 1st to 30th November, 2022. And 271 final Degree students completed 6 month Internship Programme in PEARL Lab.
- 38 Community Service Projects were completed by 4th Semester students.

COURSES AT JMJ COLLEGE

The college offers 14 UG Courses and 4 PG Courses, 4 Intermediate Courses and 51 Certificate Courses and five Skill Development Courses and six Life Skill Courses.

COLLEGE EVENTS

- * Celebrated **Bicentenary Jubilee of JMJ Congregation** and the inauguration of Diamond Jubilee of JMJ College on 13th August 2022 in the college campus.
- * Alumnae Reunion of 1988 – 1995 Batches was held on 1st October 2022. Our alumnae, Smt. G. Sujatha, the Honbl. Mayor, Municipal Corporation, Ongole was the Chief Guest. 150

alumnae gathered for grand reunion. They sponsored 5 Voltas Pure-R Water Dispensers with Refrigerator worth of Rs.50,000/- and a Stage curtain worth of Rs.78,940/-.

- * Academic Council meeting was held on 15th October, 2022.
- * Conducted Induction programme for all I Degree students from 18th – 20th October 2022.
- * Dr. Sunitha, RIO, Guntur visited our college on 26th October, 2022 for Intermediate Affiliation Inspection for Additional Section.
- * Organized Karate Training Programme for Degree and Inter students on 14th November 2022.
- * Conducted Article writing Competition-2022 on 14th November, 2022 for the staff and students and the winners were awarded prizes on the eve of Christmas Celebration. 56 staff and more than 300 students participated in the competition articulating their thoughts and ideas. Articles were scrutinized by Prof. G. Krupachary, Rtd.Professor of Telugu, Dean of Humanities, ANU and his team. Evaluation Criteria for selection is originality, quality and creativity of article. From Faculty, the First Best Article Winner was Mrs.Ch.Visranthamma, HoD of Political Science, second Mr. M. Moshe, Lecturer in History and third Dr.D.Vijayalakshmi, Lecturer in Telugu and the consolation prize was given to Dr.G.Jyothi Olivia, Lecturer in English. The student winners from Degree, the

first winner was K.Madhu Praseena, I B.Sc CBC, second M.Deepthi, II B.A. Spl.English and third Sohana Mohammad, I B.A. Spl.English and consolation prize was given to A.Divya, III B.A. Economics. The first winner from Intermediate section was Hrushita, II CEC (E.M.), second Sk.Saila Bhanu, I Bipc A/S, third Y.Sannidhi, II MPC A/S, and consolation prize was given to Helen Roja, II MPC A/S.

- * Organized training programme on Communication Skills, Verbal Ability, Arithmetic & Reasoning, Enhancement of Vocabulary, Speed Maths etc..for all Degree Students online and on every Sundays from 20th November 2022 and it will continue till April 2023.
- * Dr. Sr. Tresa K.V.M, the Provincial Superior of JMJ Guntur Province who was on her visitation programme to JMJ Convent, Tenali visited our college on 26th November 2022 along with Sr.Mercy George, the Councillor. She interacted with the staff and students and appreciated and complemented the efforts of the Management, Staff and students for maintaining good standards not only in academics but also in co-curricular and extra-curricular activities.
- * College Governing Body meeting was conducted by our President Dr.Sr.Tresa K.V.M, the Provincial Superior of Guntur Province on 26th November, 2022.
- * *National Institutional Ranking Framework (NIRF) Data Submitted for Ranking on 2nd January, 2023.*

- * Received AISHE Certificate for the Academic Year 2021-22 on 18th January, 2023.
- * Celebrated Farewell day for the outgoing Intermediate students on 6th March, 2023.
- * Celebrated **Annual Sports Day on 7th March**, 2023. Dr.T.Siva Prasad, Principal at KVR KVR & MKR Degree & PG College, *Khajipalem was the chief guest.*
- * *Organized ART & SCIENCE EXHIBITION - 2023 on 13th& 14th March, 2023. Sri.Annabathuni Sivakumar was the Chief Guest and Dr.D.Roseland, HM, Alumnae, VSR & JDM ZP High School, Angalakuduru and Mrs.L.Saraswathi, Alumnae, SI, at GRP Police Station, Tenali were the guests of honour. Models prepared and exhibited by our JMJ College students and many colleges and schools also participated and visited the Art & Science Exhibition.*

ACADEMIC EXCELLENCE

- * We are proud to report that we have achieved good result for the academic year 2021-2022. All PG Courses 100%, UG Programmes B.A. 95%, B.Com 94%, BBA 100% and B.Sc. 97% and overall 96 % and Intermediate 71%.

INTRODUCTION OF NEW UG COURSES

- * We are going to start 3 new UG Courses in the coming academic year 2023-24;
- * B.Sc Botany, Agriculture and Chemistry
- * B.Com Banking Insurance and Financial Services

- * B.Sc Maths, Physics and Data Science and Artificial Intelligence
- * We are also going to start the preparation for NAAC 5th Cycle Accreditation and submission of SSR by the end of December 2023.

MOOCs (Massive Open Online Courses)

- * Fourteen of our PG students completed MOOC online Courses on various topics such as M.Sc Mathematics students on Concepts of C-Programming and Life Skills, M.A. English students on Life Skills and C-Programming and M.Com students on Concepts of C-Programming.

NEW APPOINTMENTS

- * Eleven new staff members were appointed in various departments such as Sanskrit, Hindi, English, Physics, Chemistry, Botany, Economics, political Science and Computer Science.
- * Prize Instituted
- * Mrs. K.Swarupa Rani, Lab Attender in the Department of Physics instituted Spl. Prize Master Aaron Shane Cash Prize Rs.500/- for the top Catholic Student in I B.Sc Physics I & II Semester end examinations.
- * Mrs.Chadalawada Raja Sree, Rtd.HoD of Home Science instituted Smt.Boppana Swarajya Lakshmi Memorial prize for proficiency in Nutritional Bio-Chemistry in the final year of Home Science student.

Staff Acted as Resource Persons

- * Ms. M. Aruna, HoD of Zoology gave a talk on **Freedom Fighters** to the school children at Mpps Mallepadu Primary School, Tenali on 18th August, 2022.
- * Dr. K. Nirmala Jyothi, HoD of Chemistry, delivered a guest lecture on **Depletion of Ozone** at VSR &NVR College, Tenali on 16th September, 2022.
- * Dr.Sr.Shiny K.P., the Principal made a presentation on **Institutional Social Responsibility initiatives in JMJ College** on 23rd October 2022 at National Xavier Board XXIV Triennial Conference held from 22nd to 24th October, 2022 in Goa.
- * Dr. S. Uma Maheswari acted as **Adjudicator** for Science Expo in Hindu College, Guntur. Mrs.P.Hemalatha and Dr.Ch. Sarojini acted as **Adjudicators** for Science Exhibition in JMJ Global School on 22nd December, 2022.
- * Mrs. P. Hemalatha acted as **Adjudicator** for Muggula Potti and delivered a talk on Significance of traditions and Cultural Practices and their need in present Society at Sree Vasavi Kanyaka Parameswari Temple premises on 7th January, 2023.
- * Dr. N. Vimala Devi delivered a Guest Lecture on **Introduction to English Phonetics** to 9th& 10th Class school children on 10th January 2023 at K.S.M. High School, Chenchupet, Tenali
- * Dr. Sr. Shiny K.P. participated in the Leadership Capacity Development Programme for College Principals of AP

organized by the National Institute of Educational Planning and Administration from 16th to 21st January, 2023 at NIEPA, New Delhi. She made a presentation on **Advantages and Challenges of Implementing Four Year Under-graduation Programme (FYUP)** on 16th January, 2023. And visited two colleges namely Sri Venkateswara College & Maitreyi College in Delhi on 19th January, 2023.

- * Mrs.K.Bhavani HoD of Botany delivered a guest Lecture on **Importance of pollination** at Venkateswara Degree College, Ponnuru on 22nd February, 2023.
- * **Publications : Articles/Paper Presentation and Attended the Webinars -**
- * During the academic year 2022-23, **20 research articles** were published by our Faculty in various reputed journals and participated in 76 International and National Webinars and Workshops for their professional development.

INTERNATIONAL & NATIONAL WEBINARS/WORKSHOPS ORGANIZED BY THE DEPARTMENTS -4

- * Under the guidance of IQAC, the following International and National Webinars & Faculty Development Programmes were organized by various departments to improve the quality of teaching and learning.
- * Department of English and Zoology jointly organized an online Interdisciplinary Six-Day National Webinar cum

Faculty Development Programme on Emerging Trends and Technologies in development of Skills in Higher Education from 21st to 26th November 2022.

- * Department of Physics and Mathematics jointly organized online a 5 Day National Level Faculty Development Programme on Effective Pedagogy for Science from 29th November to 3rd December, 2022.
- * Department of Telugu organized two day National Seminar on Klipatnam Rama Rao Kathalu- samajika nepadhyam at JMJ College Seminar Hall on 6th& 7th December 2022.
- * Department of Botany and Chemistry jointly organized 5 day International webinar on Current Trends and Future Advances in Chemical Science and Life Sciences from 13th to 17th December 2022.

EXTENSION ACTIVITIES & OUTREACH PROGRAMMES

- * The college has carried out the following extension activities;
- * Distributed Food for 200 people in Katevaram Colony and Pavement Dwellers and the People who are living near Bus Stand on 7th August 2022.
- * Distributed Cake pieces to 700 parishioners on 7th August 2022.
- * Distributed Provisions worth Rs. 1000/- to 70 poor people in Pedaravuru village and 4th Class employees of the College, School, Hostel and Swadhar Home on 9th August 2022.

- * Planted 60 saplings in surrounding villages Sundaraiah nagar colony & Kattavaram and around the campus on 13th August 2022 to mark 60th year of JMJ College Diamond Jubilee Year.
- * All the departments organized various programmes such as rallies, cultural competitions, talks etc in different villages on the occasion of HAR GHAR TIRANGA – AZADI KA AMARITH MAHOTSAV from 8th to 15th August 2022.
- * Organized a Rally to create awareness on Breast Feeding in Angalakuduru village on 6th September 2022.
- * B.Sc Botany students created Laudato SI Garden at College Campus in October 2022.
- * Organized Solidarity Day and all the Departments participated actively and contributed 100,600/- for the education of the poor tribal children in Kondramutla on 29th October, 2022.
- * Contributed Rs.16,055/- to Little Sisters of the poor who are running Home for the aged by staff and students on 5th November, 2022.
- * Conducted Voters Awareness Programme to educate the students about SVEEP (Systematic Voter's Education and Electoral Participation) for all Degree and Inter Students on 9th November, 2022.
- * Conducted a Workshop on Gender Equality on 21st November 2022, The Resource Person was DR.T.D.Vimala, ANU.
- * The Non-teaching staff organized vanamana Bojanam on 22nd November, 2022.
- * Organized three month Free Tailoring Training Programme for Women in Dundipalem from 7th December, 2022 to 17th March 2023.
- * Conducted 3 day Retreat for all Catholic students from 9th to 11th December, 2022. Fr.Martin CMF, Regional Youth Coordinator from Bhattiprolu was the Retreat Preacher.
- * Distributed sarees and bed sheets to poor homeless near bustand and Angalakuduru village on 21st December, 2022.
- * Distributed 100 cake pieces to the pavement dwellers and Kattavaram Colony people on 23rd December, 2022.
- * Contributed Rs.38,000/- to the NSM ,Church for the feast by the Aided Teaching and Non-teaching Staff on 2nd February, 2023.
- * Contributed Rs.41,930/- for the cost of heart surgery of our Non-teaching staff Mrs.M.Kesava Rathamma's son on 23rd February, 2023 by our staff and students.

FIELD TRIPS & STUDY TOURS

- * The Department of Zoology arranged a field trip to Poultry Farms in Kopalle and Gudivada on 2nd August, 2022.
- * The Department of Zoology arranged a Study tour to Migratory Bird Sanctuary at Uppalapadu on 6th August 2022.
- * Department of Commerce conducted an Industrial visit to HONEY INDUSTRY,

Guntur on 3rd January for III B.Com students.

- * Organized an Industrial visit to PEARLS Institute, Guntur on 9th January, 2023.
- * Department of Botany organized a study tour to Kondavedu Fort for III B.Sc CBZ students on 11th January, 2023.
- * Visited Fish Breeding Centre at Kuchipudi and Davuluru on 28th January, 2023 by III B.Sc CBZ students along with staff.
- * Students and staff visited Science Expo at Hindu college, Guntur on 30th January, 2023.

CELEBRATION OF UNIQUE DAYS

- * The following important days were celebrated;
- * Conducted **International Yoga Day** on 21st June, 2022. Sri.Kumara Swamy Yoga Teacher was Chief Guest.
- * Celebrated **World Environment Day** on 28th June, 2022.
- * Celebrated **National Statistical Day** on 29th June, 2022.
- * Celebrated the **Birth day of ALLURI SITA RAMA RAJU** on 4th July, 2022
- * Celebrated **Bala Gangadhar Tilak Birthday** on 28th July, 2022.
- * Celebrated World Breast Week from 1st to 7th August,2022.
- * Celebrated **76thIndependence Day** on 15th August, 2022. The chief Guest was Mr.P. Sunil Kumar, B.,L.I.M., Senior Asst.Public Prosecutor, Tenali

- * Celebrated **International Youth Day** on the theme Intergenerational Solidarity: Creating a World for all Ages on 12th August, 2022
- * Celebrated **Teachers Day** on 5th September, 2022.
- * Celebrated **Non- Teaching Staff Day** on 6th September 2022.
- * Celebrated **International Literacy Day** on 8th September, 2022 at RCM School, Sulthanabad, Tenali.
- * Celebrated **OZONE Day** on 16th September, 2022. Dr. K. Krishna Mohan, HoD of Electronics and Communication Engineering, Priyadarshini Engineering, Chinthalapudi was the Chief Guest.
- * Celebrated **Mahatma Gandhi's Birthday** on 2nd October 2022
- * Celebrated **World Mental Health Day** on 10th October, 2022. The theme of the celebration was Make mental health and well-being for all a global priority.
- * Celebrated **World White Cane Day** on 15th October, 2022.
- * Celebrated **JMJ Founder's day** on 31st October,2022
- * Celebrated **National Unity Day** on 31st October 2022.
- * Celebrated **National Education Day** on the occasion of Birth anniversary of Moulana Abul Kalam Azad on 11th November 2022
- * Celebrated **National Library Week** from 14th to 20th November, 2022. Prof.G.Krupachary, Rtd.Professor of

- Telugu, Dean of Humanities, ANU was the chief Guest
- * Celebrated **Children's Day** on 14th November 2022. Dr.D.Indu Praphulla, MD, Health Hospital, Tenali was the Chief Guest.
 - * Celebrated **World Diabetes Day** on 14th November, 2022.
 - * Celebrated **International Students' day** on 17th November, 2022.
 - * Celebrated **National Integration day** on 19th November 2022
 - * Celebrated **Flag Day** and conducted a rally on 25th November, 2022
 - * Celebrated **Constitution Day** on 26th November, 2022
 - * Celebrated **NCC Day** on 26th November 2022. Dr.P.Pavani, ANO of KL University was the chief guest.
 - * Celebrated **International Day for the Elimination of Violence Against Women** on 26th November, 2022
 - * Celebrated **National Computer Security Day** on 30th November, 2022
 - * Celebrated **World AIDS day** and conducted awareness Rally on 1st December 2022.
 - * Celebrated **Human Rights Day** on 10th December 2022.
 - * Celebrated the **Birth Day of Amarajeevi Sri Potti Sree Ramulu** on 15th December, 2022.
 - * Celebrated **World Consumer Rights Day** on 20th December 2022 (Actual date 24th December)
 - * Celebrated the **birthday of great Indian Mathematician Sri.Srinivasa Ramanujan as National Mathematics Day** on 22nd December 2022
 - * Celebrated **Semi-Christmas** on 22nd December, 2022. Rev.Fr.Chatla Mariadas and Prof.G.Krupachari were the Guests.
 - * Celebrated **Sankranthi Sambaralu** on 11th January, 2023.
 - * Celebrated **National Voters Day** on 25th January, 2023.
 - * Celebrated **Republic Day** on 26th January, 2023.
 - * Celebrated **World Hindi Day** on 27th January, 2023 to educate the students about the importance of learning Hindi language and also to make the students know that it marks the day when Hindi was first spoken in the United Nations' General Assembly in 1949.
 - * Celebrated **International Women's Day** on 7th March 2023. Mrs.Nirmala Jaladi our Alumnae, Entrepreneur, Social Worker & Managing Director of Shayetet Security & Allied Services, Vijayawada.

GUEST LECTURES ARRANGED BY THE DEPARTMENTS

- * Department of Mathematics conducted a guest Lecture on Promotion of Gender Equality in Daily Life on 29th June 2022 for First B.Sc. students. Mrs. Ch. Visranthamma, Lecturer in Political Science from JMJ College, Tenali was the Resource Person.
- * Department of Home Science organized a Guest Lecture on Services of ICDS

by Mrs. Venkata Lakshmi Extension Officer, ICDS On 18th July, 2022.

- * Department of English Organized a Guest Lecture on Effective Communication on 23rd July, 2022. Dr. Raja Kumar Guduru, assistant professor, school of Humanities, Social Sciences & Management, IIT, Bhuvanewar was the resource person.
- * Department of Chemistry organized a Guest lecture on Spectroscopy by Dr. N. Madhavi, HoD of Chemistry JKC College, Guntur on 28th August 2022.
- * Department of Botany organized a Guest Lecture on The Moss Plants-Amphibians of Plant Kingdom on 5th September 2022. The Resource person was Dr .Ch. Srinivasa Reddy, Lecturer in Botany, SRR & CVR Govt. Degree College, Vijayawada.
- * NCC organized a Guest Lecture on Leadership and its Qualities by J. Usha Kranthi Assistant Professor in RVR & JC Engg College, Chowdavaram on 6th September 2022.
- * Department of Botany organized a Guest Lecture on Crossing Over on 8th September,2022 by Dr.G.Ramesh, Lecturer in Botany, Hindu College, Guntur.
- * Department of Physics organized a Guest Lecture on Applications of Nano-Materials on 9th September 2022.
- * Department of Zoology organized a Guest lecture on Plant and Animal Tissue Culture technology for Human Welfare on 10th September, 2022 by Dr. G. Ramesh, Asst. Professor Dept. of Botany, Hindu College, Guntur.
- * Department of Zoology organized a guest lecture on Hormonal disorders prevailing in Women for I B.Sc CBZ students on 10th September, 2022 by Mr. E. Avinash, Lecturer, Dept. of Zoology, SNBT Degree College, Repalle.
- * Department of Commerce conducted a guest lecture on Entrepreneurship Development for all B.Com and BBA students on 27th October, 2022.
- * Department of English organized a guest lecture on Women Health & Wellness on 1st November 2022 for all Degree Students. Dr. Manasa Singaraju was the resource person. She spoke about Cervical Cancer, Menstrual Health and Hygiene, PCOD etc.
- * Department of Chemistry organized a Guest lecture on Knowing more information about Solution for all Degree students on 1st November 2022.
- * Department of Economics organized a Guest lecture on How to Develop the Personality for all B.A Students on 9th November 2022.
- * Department of Political Science organized a guest Lecture on Gender equality on 14th December 2022. The resource person was Dr. V. Narayan Reddy from K.V.R, K.V.R & M.K.R College Kajipalem.
- * Department of Physics organized a Guest Lecture on Research Trends, job opportunities and quality in global education on 4th February 2023. Dr. Rajkumar. Vutukuri, Post Doctoral

fellow, University of Frankfurt, Germany was the resource person.

ENDOWMENT LECTURES

- * Department of Physics organized an Endowment Lecture on **Quantum Physics** on 4th September, 2022 in commemoration of late **Sr. Mercy Chacko**, Former Principal and HOD of physics (1965-1992). Mr.K.Ravi Kumar, Dept .of Physics, NRK&KSR Guptha Degree College, Tenali.
- * Department of Botany organized an Endowment Lecture on 1st October 2022 on **Fungi and Lichens** by **Dr. R.Venkatesh** Lecture in Botany Government College (A), Rajahmundry.
- * Department of Mathematics organized an Endowment Lecture on Special Functions on 14nd December, 2022 for all III B.Sc Mathematics students.
- * Department of Zoology organized an Endowment Lecture on **Skill development to enhance quality Education for the empowerment of women** in loving memory of Mrs.K.Emma Mary, Late former Lecturer in Zoology on 10th January, 2023. Dr. N. Baratha Jyothi, Lecturer in Zoology from Mari Stella College, Vijayawda was the resource person.
- * Department of English organized Endowment Lecture on Language Communication Skills for II Degree students on 25th January, 2023 by Ms. G. Swarupa Rani, Associate professor, and Communication and Soft Skills Trainer, St.Mary's College of Engineering, Chebrolu.

DEPARTMENT WISE ACTIVITIES

Department of English

- * The Department of English has conducted 4 events during the year 2022-2023
- * Organized News Reading Competition on 21st July 2022 for all I Degree - II Semester students.
- * Organized Tree Plantation Drive at Sultanabad on the occasion of 75th Independence day - Azadi ka Amrit Mahothsav celebrations on 13th August 2022.
- * Conducted Crossword Puzzle competition for I& II Degree students on 3rd November 2022.
- * Conducted a Role Play on **How to teach** for all B.A. & B.Com students on 19th January 2023.

Department of Telugu

- * The Department of Telugu has conducted 4 events during the year 2022-2023
- * Conducted a Rally in Kopalli Village on the occasions of Azadika Amrita Mahothsav on 13-8-2022.
- * Conducted Tree Plantation Drive in Kopalli Village on 28-8-2022.
- * Distributed Food items to the homeless near Railway Station and Bus stand area on 16th November, 2022.
- * Organized One Day Workshop on Gender Equality for all Degree students. The Resource person was Dr.T.D Vimala, Acharya Nagarjuna University, Guntur.

Department of Sanskrit

- * The Department of Sanskrit has conducted 3 events during the year 2022-2023
- * Conducted a Guest Lecture on Guru Pournami on the occasion of Vyasa Maharshi Dinotsavam for degree students on 3rd July, 2022.
- * Conducted an Elocution Competition on Sanskrit Slokaas on 14th August 2022.
- * Conducted Essay Writing Competition on the occasion of Kalidasu Dinotsavam for all Degree students on 3rd October 2022.

Department of Hindi

- * The Department of Hindi has conducted 2 events during the year 2022-2023
- * Celebrated **Hindi Day** on September 14th, 2022. The Chief Guest was K. Prabhakara Rao, Principal, Babuji Hindi Vidyalayam, Tenali.
- * Showed a Hindi Movie titled Padmaavat related to Hindi literature to Degree students to teach them about Queen **Padmavati** as the central character and a legendary historical queen of Rajasthan written by Malik Mohammad Jayasi on 30th December 2022.

Department of Mathematics

- * The Department of Mathematics has conducted 4 events during the year 2022-2023
- * Numerical Aptitude Test was conducted for all Arts & Commerce Discipline UG students on 16th July 2022.

- * Tree Plantation Drive was conducted in Angalakuduru Palle on 13th August 2022
- * On the occasion of Azadi Ka Amrit Mahotsav, various activities conducted for the inmates of Swadhar Home and Sangam Jagarlamudi on 14th August 2022.
- * On the occasion of International White Cane Day, Rs.4000 was contributed to the Indian Association for the Blind (IAB), Madurai on 2nd September, 2022.

Department of Physics

- * The Department of Physics has conducted 3 events during the year 2022-2023
- * Conducted School Activity and III BSc students taught the children at Z.P High School, Ponnuru on 12th July, 2022.
- * Distributed snacks to the Homeless on 16th August 2022.
- * Organized Tree Plantation Drive on 13th August, 2022.

Department of Chemistry

- * The Department of Chemistry has conducted 2 events during the year 2022-2023
- * Conducted Tree Plantation Drive in Angalakuduru village on 13th August, 2022.
- * On Part of Earn while you Learn Programme, Department of Chemistry visited Swadhar Home to educate the children for building of skills in small scale Industries on 10th November, 2022.

Department of Botany

- * The Department of Botany has conducted 7 events during the year 2022-2023
- * Conducted Drawing Competition on Environmental Protection (Save a Tree it saves you) on 18th July 2022.
- * Conducted Elocution Competition on FREEDOM FIGHTERS on 12th August 2022.
- * Conducted Tree Plantation Drive on 13th August, 2022.
- * Conducted a Rally with Flags and placards on the occasion of 75 years of Independence & Azadi ka Amrit Mahotsav Programme on 14th August 2022.
- * Cultivated an organic green leafy garden vegetables like coriander, mint different types of spinach, fenugreek etc..in the month of October,2022.
- * Conducted a school activity at V.S.R & J.D.M.Z.P.H School, Angalakuduru on 4th January 2023. Ist Year Degree students took class on Parts of Plants & Photosynthesis for the 6th& 4th Class students.
- * Students and staff visited Government Hospital on 19th January 2023 and distributed fruits and bread to the patients.

Department of Zoology

- * The Department of Zoology has conducted 6 events during the year 2022-2023

- * Conducted Flag Run Rally in Chavavari-palem Village on 13.8.2022
- * Organized Tree Plantation Drive on 13th August, 2022 at Chavavaripalem.
- * Conducted the village activity awareness programme on Vermiculture- preparation of vermicompost and its preparation on 18.08.22
- * On the occasion of AJADI KA AMRITH MAHOTSAV (AKAM), conducted Awareness Programme on Freedom fighters at *Mpps Mallepadu Primary School, Tenali* on 13thAugust, 2022
- * Conducted a Poster Competition on Collection of bird feathers for I B.Sc. CBZ students on 19th October, 2022.
- * Visited Nizampatnam on 24th January, 2023 by III B.Sc students and they learnt unloading and temporary storage of Fresh shrimp for transport in SSSF Company; Shrimp Ponds drying, tilling and ploughing as a preparation of pond for Shrimp culture; Wet salting and Sun drying of the captured fish; Icing and packing of different species of Marine fish prawns and squids at harbour.

Department of Home Science

- * The Department of Home Science has conducted 12 events during the year 2022-2023
- * Staff & II B.Sc Students attended the lecture on Indian knowledge system: Time to Rekindle Rejuvenate and Resume on 27th June, 2022 organized by UGC as a part of Chetana- an Online Lecture Series.

- * On the Occasion of Azadi ka Amrith Mahosthav, conducted an Elocution Competition on Brave Women Who Worked for Freedom on 8th August, 2022.
- * Conducted a competition on Collection of Telugu Free verse on Patriotism Written by Eminent Writers on 9th August, 2022.
- * Conducted PPT Competition on Life History of any Freedom Fighters on 10th August 2022.
- * Conducted a singing competition on Patriotic Songs on 11th August, 2022.
- * Arranged a Rally from College to Rana Ranga Chowk and conducted a competition on Dressing of Women who Participated in Freedom Struggle on 12th August, 2022.
- * Organized Har Gar Tirang in Tenali Town on 13th August, 2022.
- * Staff & Students participated in 5 day International Nutritional Webinar 2022 organized by the Department of Bio chemistry & IQAC, IQAC, St. Joseph's College for Women (A), Gnanapuram, Vishakapatnam from 1st to 5th September, 2022.
- * On the occasion of World Ozone Day, Staff and students Participated in quiz organized by Rainbow Science Club, YVNR Govt.Degree College, Kaikaluru, Eluru Dt. A.P on 16th September, 2022.
- * Conducted Fabric Painting training for all Home Science Students from 2nd to 21st November, 2022.
- * Organized a workshop on Tips and Techniques in Fabric Painting to the students on 20th December, 2022.

Department of History

- * The Department of History has conducted 8 events during the year 2022-2023
- * On the occasion of ALLURI SITA RAMA RAJU Birthday conducted various competitions such as Role play, Elocution Competition on 4th July, 2022.
- * Conducted Inter collegiate Quiz Competition on the occasion of AZADI KA AMRIT MAHOSTAV on 11th August 2022 .
- * Conducted Tree Plantation Drive on 13th August, 2022 in Sundarayya Nagar Colony, Tenali.
- * Conducted Essay Writing Competition for all B.A students to know about various places on 27th September 2022
- * Conducted School Activity -Teach and Learn & Learn to Teach for School children on 22nd October 2022.
- * Conducted Pledge and Rally on the occasion of National Unity Day on 31st October 2022.
- * On the occasion of Birth anniversary of Moulana Abul Kalam Azad on 11th November 2022, Essay writing and Elocution competitions were conducted for all B.A. students.
- * On the occasion of Amarajeevi Sri Potti Sree Ramulu Birthday conducted Essay writing competition on the Life History of Sri Potti Sree Ramulu for all B.A.Students on 15th December, 2022,

Department of Economics

- * The Department of Economics has conducted 5 events during the year 2022-2023
- * Conducted Tree Plantation Drive at Sundarayya Nagar on 13 August 2022.
- * Conducted Essay writing competition on Gender Equality for B.A. Students 6th September 2022.
- * Conducted School Activity -Teach and Learn & Learn to Teach on 22nd October 2022 at Z.P.P.H. School, Angalakuduru.
- * Conducted Essay Writing Competition on Unemployment for all B.A students on 3rd November, 2022 on the occasion of Amarthya sen Birthday Celebrations.
- * Conducted a Guest Lecture on Personality Development on 9th November, 2022. The Resource Person was Dr.P.Bharthi Devi, Department of Economics, JKC College, Guntur.

Department of Political Science

- * The Department of Political Science has conducted 13 events during the year 2022-2023
- * Conducted Mock Grama Panchayati to B.A students on 26th June 2022.
- * Conducted an Elocution Competition on the occasion of Bala Gangadhar Tilak Birthday on 28th July 2022.
- * Conducted Mock Election Poll to help the students know the system of elections on 28th July, 2022.
- * Conducted Poster making Competition on Environmental Protection on 10th August 2022.

- * Conducted an Essay Writing Competition on the occasion of Azadi Ka Amrith Mahotsav on 12th August, 2022.
- * Conducted Tree Plantation Drive in Sundharayya Nagar colony, Tenali, on 13th August, 2022.
- * On the occasion of Mahatma Gandhi's 152nd Birth Day, Essay writing Competition was conducted for all B.A students on 2nd October, 2022.
- * Conducted School activity Teach & Learn and Learn & Teach by B.A students in Tribal Welfare Girls high School, Chandrababunaidu colony on 21st August, 2022.
- * On the occasion of UNO Day, conducted Essay writing competition on UNO in maintaining peace and security for Degree students on 24th October 2022.
- * On the occasion of Constitution Day on 26th November, 2022, BA students presented a skit on Dr.B.R Ambedkar's life history in the assembly and took pledge on preamble by all staff and students.
- * On National Integration day on 19th November 2022, Essay writing competition was conducted on Problems and *Challenges to national integration* in India for all BA students.
- * On Human Rights Day on 10th December 2022, Essay writing competition was conducted on Human Rights for Degree students.
- * On National Voters Day on 25th January, 2023, a debate competition was conducted on Pros and cons of present

voting system. And also took pledge to exercise right to participate in the process of governance in a country,

Department of Commerce

- * Organized a rally and Tree plantation Drive on the occasion of Azadika Amrit Mahotsav on 12th August, 2022 at Sultanabad, Tenali.
- * Conducted an essay writing competition on E-Payment system on 13th November, 2022 for all Degree students.

Department of Computer Science

- * The Dept. of Computer Science has conducted 5 events during the year 2022-2023
- * Organized a career counselling on WALK-OF-LIFE on 27th June 2022 for all Degree Students.
- * Organized Group Discussion on Will Computer takes over the Society in the Future? on 20th July 2022 for B.Sc Computer Science students.
- * Organized Coding Test on C-PROGRAMMING on 22nd August, 2022 for B.Com and B.Sc Computer Science students.
- * Conducted JAM(Just –A- Minute) for III B.Sc, III B.Com Computer students to develop their knowledge on 23rd September, 2022.
- * Organized a workshop on Data Analysis on 2nd December, 2022 for all I,II,III BSc and B.Com students.

COMMITTEE ACTIVITIES

IQAC

IQAC conducted a workshop on Extension of UGC – Autonomous Status for

the faculty on 23rd August, 2022 Dr.N.Srinivasa Rao, Founder; QSpire Accreducare Sevices was the resource person.

- * Organized a Workshop on Stress Management for the Staff on 31st October, 2022 Dr.B.Nagesh, NIMHANS,Bangalore was the resource person.
- * Mrs.M. Aruna, IQAC Co-ordinator and Ms.C.M.Anitha, HoD, Department of Physics have attended Review meeting on Implementation of Academic Activities on 10th January 2023 at JKC College, Guntur, organized by Commissionarate of Collegiate Education in association with JKC.
- * IQAC organized a workshop on **Quality Assurance in Research** for all the Faculty members on 4th February, 2023. Dr.Rajkumar Vutukuri, Post Doctoral fellow, University of Frankfurt, Germany was the resource person.

- * IQAC organized a 10 day Faculty Development Programme on **Communication Skills** for all Faculty Members from 7th to 17th February 2023. The Resource persons were Mr.K.Sandeep, Director and U. Madhusudan, Academic Director of Dimensions Coaching Centre, Guntur.

Cultural Cell

- * II B.A Spl. English students attended a workshop on National Youth Policy by Youth Services STEP – Swasakthi, Guntur on 7th July 2022.
- * On the occasion of 75th Independence Day celebrations Hindu College, Guntur

- organized Azadi Ka Amrit Mahotshav - Inter collegiate competitions from 1st to 6th August 2022. In Quiz Competition K.Rishithavi & Group secured I Prize, in Essay Writing Competition B.Likhitha got I Prize, in Elocution Competition M.Deepthi got I Prize, in PPT Presentation on Science and Technology K.SaiSowbhagya got I Prize, in Mono Action K.Rishithavi got I Prize, in Patriotic Singing competition B.Likhitha got II prize and M.Divya Kala III Prize. And our students got over all Championship.
- * On the occasion of 75th Independence Day celebrations Department of History and Cultural committee organized Azadi ka Amrit Mahotshav - Inter collegiate competitions such as Quiz, Patriotic Singing, Group dance and elocution competitions on 11th August 2022. In Quiz competition M . Deepthi and her Group secured II Prize. In Patriotic Singing competition our student K.Tanuja bagged Second Prize. In Group Dance D. Hemalatha (I B.Com) First Prize, In Elocution K. Sandhya(I B.Sc) got First Prize.
 - * M.Divya Kala II B.A & T. Suhruddin participated in an Elocution competition organized by VSR & NVR Degree College, Tenali on 25th August 2022.
 - * In remembrance of 150th Birth day Centenary celebrations of Dr. Y. Nayudamma, Dr. Y. Nayudamma Science & Technology Foundation organized an Essay writing and Elocution competitions for the Intermediate students and bagged third prize on 27.08.2022.
 - * On the occasion of Gandhi Jayanti, an Essay Writing Competition was conducted on The life History of Gandhiji' on 4th October 2022. Our students G Sravani secured First Prize.
 - * AIDS Prevention and Control unit (DAPCU) organized District Level QUIZ Competition and Drwaing Competition at TJPS College, Guntur on 9th November 2022. Our students won 2nd place Cash Prize Rs.3000 for Drawing and 4th place in Quiz. The winners are 1.M.Sushma 2.Amulya 3.Jenny 4.Saira bhanu. SK (1st B.sc CBZ).
 - * On the occasion of International Students day on 17th November 2022, Cultural committee of JMJ College for women (A), Tenali conducted various activities in mini auditorium.
 - * Inter Colligate Youth Festival 2022-23 from 15th to 17th December 2022 organized by Acharya Nagarjuna University Our student N.Naga Purna Kamala I B.Sc secured III Prize in Classical Dance.
 - * KVR, KVR & MKR College, Khajipalem, in association with Sri Manthena Venkata Raju Foundations, Bapatla, conducted Essay Writing & Elocution Competitions on 2nd January 2023, for A.N.U & K.U affiliated colleges of U.G students. Ms. K. Sindhu, II B.Com Computers won II prize worth Rs. 3000/-, Certificate & Memento in Essay Writing competition. Every student received participation certificate.
 - * P.B Siddhartha College of Arts and Science, Vijayawada organized

- a competition named BLITZKRIEG – 2023, the war of IT Intellectuals on 4th January, 2023. 7 of our students participated in the competition and Ms. Sohana Mohammad bagged first prize for Ms. BLITZKRIEG – 2023.
- * JMJ Guntur Province, 13th Intercollegiate Literary Contest was held on 10th January 2023 at St. Joseph's Junior college for girls, Nallapadu. 29 of our Intermediate and Degree students participated in various competitions and bagged four first prizes, two second prizes & got overall Championship.
 - * On the occasion of 74th Republic day Celebrations, Acharya Nagarjuna University Conducted Republic Day Parade Competition on the theme Nation and Nationalism & Science and Technology Development on 26th January, 2023. Our college secured 2nd prize.
 - * I B.Sc students participated in Dr.T.S.Rama Rao memorial Intercollegiate Botany quest 2022 conducted by Hindu College Guntur on 19th December, 2022. M.Suhitha got 2nd prize in drawing competition.
 - * Placement & Career Guidance & Public Relations Cell
 - * The Placement Cell takes keen interest in organizing various training programmes and placing the students in different companies. I am glad to inform you that 60% of our students got placed in various companies during the academic year 2022-23.
 - * Conducted a workshop on free online Orientation training Programme on 15th October 2022 by Mr.K.Y.N.Venkat, Senior Executive, APSSDC.
 - * Organized Graduate Employability Module Programme on Goal Setting on 5th November, 2022 by Mrs.K.Udaya Bharathi Shrivasthava.
 - * Conducted an awareness Programme on Competitive Exams on 11th November 2022 for all Degree Students by Dimensions Coaching Centre, Guntur.
 - * Organized an orientation programme on Preparing for a Career on 11th November 2022 by Dimensions coaching centre, Guntur.
 - * JKC Training Programme was held for final Degree students from 11th November 2022 to February 2023.
 - * Conducted WIPRO online examination on 26th November, 2022 at JMJ College for Women, Tenali. 50 students participated in the online examination and the result has not yet announced.
 - * Organized Graduate Employability Module Programme on Time Management on 26th November, 2022 by our alumnae Mrs.K.Udaya Bharathi Shrivasthava.
 - * Organized Graduate Employability Module Programme on Preparing Resume on 3rd December, 2022 by our alumnae Mrs. K. Udaya Bharathi Shrivasthava.
 - * Organized a Campus Recruitment Training programme by Mr. Sunil Kumar,

Nandini Foundations, APSSDC from 5th to 14th December, 2022.

- * Organized a workshop on **Job Role in MNC's** by **Eluri Vamsi Krishna**, Senior Data Analyst with expertise on Tableau, SQL, Python, Manual testing and Programming in C on 9th December, 2022 for all Final Degree Students.
- * Organized a Campus Drive on 27th February 2023 by Wind Wave Informatics, Hyderabad. 16 students got selected for Wind Wave Informatics Company.
- * Organized a Campus Drive on 6th March, 2023 by Bharat FIH India Private Ltd, at Sri City, AP. 96 students got selected for Bharat FIH India Private Ltd, India's leading Electronics Manufacturing Company.
- * Organized a Campus Drive on 11th March, 2023 by Institute of Language Management Pvt Ltd (ILM), Bangalore. 38 students got selected for ILM.

Research Committee

- * Conducted Guest Lecture on Working Principle of GEL ELECTROPHORESIS by Dr. K. Aparna Seetharam, Department of Chemistry, Government College for Women (A), Guntur for II B.Sc students on 10th August 2022.
- * Conducted a training programme on Handling of Instruments in IDRC for all B.Sc students by Dr. G. Ramesh, Hindu College, Guntur, on 6th September 2022.

Red Ribbon Club

- * **Conducted drawing & Poster presentation** competition on 28th

November 2022 for all Inter & Degree students.

Consumer Club

- * On the occasion of National Consumer Rights Day, an awareness programme was conducted for all school children at Z.P High School, Yedllapalli, Guntur on 20th December, 2022.
- * Organized a talk on Consumer Protection Act-1986 on 28-01-2023 for all Degree students.

AICUF

- * Distributed cakes to the pave dwellers on 16th August, 2022.
- * Organized Helping Hands programme in slum area, Ithanagar and distributed slate, pencils, note books and snacks to the poor children on 12th September, 2022.

Heritage Club

- * Conducted Essay writing competition on Indian Culture and tradition on 19th September, 2022.
- * Conducted competition on Traditional dresses of Indian States on 22nd November, 2022.

Eco Club

- * Conducted Essay writing Competition on Environmental Pollution on 11th August, 2022.
- * Conducted a rally to raise awareness to protect the Environment in and around Tenali. B.A students along with faculty members participated in this program. Students used the slogan such as Go Green and Clean India, Ek Kadam Swachhata Ki Ore on 29th September, 2022

- * Conducted Swachh Bharat Mission (SBM) -Clean and Green programme in the college campus by B.A students and Staff on 19th November, 2022.

Youth Red Cross

- * On the occasion of Azadi Ka Amrith Mahosthav various competitions were conducted in collaboration with Department of Home Science from 8th to 13th August 2022.
- * Distributed soaps and snacks to sanitary workers at Amaravati plots, Chenchupet on
- * 12th August, 2022 in collaboration with Red Cross Society, Tenali..
- * On the occasion of Teachers Day, volunteers of Youth Red Cross Wing along with Indian Red Cross Society Tenali felicitated Retired Teachers and Lecturers in Pensioner's Association Hall, Tenali on 5th September, 2022.
- * Distributed De-worming tablets to the students of Konganti Sivayya High School, Chenchupet on the occasion of National De-worming Week organized by Indian Red Cross Society Tenali on 21st September, 2022.
- * Organized Har Ghar Tirang programme in Tenali Town on 12th& 13th August 2022.
- * Conducted Tree Plantation drive at Kattavaram village on 13th August, 2022.
- * Students volunteered for Medical Camp organized by Indian Red Cross Society, Tenali in collaboration with Happy Hospital for the inmates of JMJ Swadhar Home, Angalakuduru on 8th January, 2023.

- * Mrs. P. Hemalatha, the convener participated in distributing blankets at Mukthi Tribal Residential School, Tenali along with Indian Red Cross Society, Tenali on 21st January, 2023.

- * Conducted a Medical Health Camp at Sekuru Village in collaboration with Indian Red Cross Society and Health Hospitals on 12th February, 2023. The volunteers participated in the programme.

Women Empowerment Cell

- * Organized an awareness programme on Promotion of Eco-friendly products instead of plastic usage by Dr.Ch.Sarojini, the Convener for B.Sc CBZ students on 24th August, 2022
- * On the occasion of International **Day for the Elimination of Violence against Women**, Ms.Jessika, Lecturer in Home Science **highlighted the theme UNITE! Activism to End Violence against Women & Girls** to the B.Sc Degree students on 26th November, 2022.
- * Conducted Teach Learning to learn programme on 1st February, 2023, for the rural women at Ganganamma Peta, Tenali. B.Com students taught the women how to fill the bank forms and reading sms in the mobile.
- * Organized a talk on How to build up career to empower ourselves as women on 3rd February, 2023. The resource person was P. Ellen Vineela, Andhra Bank Manager, Bangalore.
- * Conducted an awareness programme on **Health and Hygiene** on 1st March, 2023. Mr.G.Koteswararao, Senior

Lecturer in Zoology, Bapatla Junior College, Srinivas Nagar, Bapatla.

- * Anti-Ragging and Anti-sexual Harassment Committee
- * Organized a Guest Lecture on Ragging, Sexual Harassment and its Prevention and Legal Services on 20th September, 2022.
- * **Conducted Essay writing competition on Drug Addiction for BA students on 16th November, 2022.**

Faculty Forum

- * Faculty Forum Lecture on Facts and Fallacies on Diabetes by Ms.P.Jessika, Lecturer in Home Science on 28th September 2022.
- * Faculty Forum Lecture on De-notified Nomadic Tribes and their Literature-Traditional arts culture by Dr. D. Vijaya lakshmi, Lecturer in Telugu on 29th August, 2022.
- * Ms. R. Lavanya, Dept. of Economics gave a Lecture on Global Hunger Index on 31st October, 2022.
- * Ms. A. Siji Devi, Lecturer in Statistics gave a lecture on To Know About Statistics on 30th November, 2022.
- * Dr. K. Aruna Sujatha, Lecturer in Physical Education gave a lecture on Health and Fitness on 6th February, 2023.

NCC

- * 49 NCC Cadets attended ATC – II camp at KL University Vaddeswaram from 6th to 15th June, 2022.
- * International YOGADAY was observed on 21st June 2022.

* THAL SAINIK CAMP (TSC) 12 day Camp was conducted in Delhi by NCC on 25th July 2022 to 3rd August 2022, in which the cadets are selected from all 17 directorates. M. Sravya, SK. Hussine bee, and M.Deepthi attended the TSC camp from our college.

* On the occasion of AZADI KAAMURITH MOHOSTHAV a rally was conducted by NCC Cadets from College to Sabarmati ashram on 12th April 2022

* Conducted HAR GHARKI THIRANGA on 11th August 2022

* Conducted Ran Rang Chowk Rally on 12th August 2022

* Conducted Tree Plantation Drive on 13th August 2022

* Conducted Independence Day Parade on 15th August 2022

* Celebrated World River Day on 25th September 2022

* 30 NCC Cadets Participated SAP Hand Ball Academy Opening Ceremony on 2nd November 2022 at Tenali

* Ist Year Students NCC Selection was held on 5th November 2022

* NCC Cadets received 'B' Certificates on 9th November 2022 from NCC PI staff Hav.Dayanamd and Hav.Walki Govind.

* 10 (A) Girls BN Commanding officer Lt.Col. Prathap Singh visited our college and interacted with NCC cadets on 23rd November,2022

* NCC Alumni meet was organized at JKC College in Guntur on 27th November 2022.10 NCC Cadets were participated in this meet.

- * On the occasion of World AIDS Day on 1st December, 2022, NCC and NSS Volunteers carried out a Rally spreading Awareness Slogans against the deadly disease
- * Organized B & C Certificate training class for 59 NCC cadets by the 10(A) Girls BN PI Staff, Guntur on 20th & 21st January 2023.
- * 62 Cadets performed March Past during Republic Day Celebration on 26th January, 2022 in the College Premises.

NSS

- * Conducted Survey on COVID-19 affected people at Sundaraiah nagar on 15th July 2022
- * Conducted a Rally on HAR GHAR THIRANG on 3rd August 2022.
- * Conducted a Booster Dose drive for Degree students on 16th August, 2022.
- * Special Camp (7 Days) was organized from 15th to 21st July 2022 at Sundaraiah colony.
- * Conducted Campus cleaning Programme on 18th & 21st October.
- * Conducted a Rally on World AIDS Day on 1st December, 2022.

Games and Sports

- * Junior Volleyball State meet was held at Bobbili from 2nd to 4th November 2022. B. Asha of I B. A and B. Hemalatha IB. Com participated and they got second place.
- * Acharya Nagarjuna University Inter Collegiate Athletics was organised by Department of Physical Education, ANU

on 10th to 12th December 2022. B.Hemalatha of I B.Com Comp got gold medals in Triple Jump and Heptathlon, and M. Sravya of IIB.Com got Silver medal in Heptathlon.

- * ANUIC Wrestling was conducted by Govt. College for Women, Guntur on 12th December, 2022. K.Sumathi of III B.Sc and P.Koteswari of II B.Com got first place and T.Renuka of I B.Com Comp got second place.
- * Senior Volleyball State meet was held at Bheemavaram from 8th to 11th December 2022, B. Asha of I B. A participated in this tournament and got first place.
- * ANUIC Kabaddi tournament was conducted by CHIPS College, Chowdavaram on 14th & 15th December 2022. B.Hemalatha Selected for Inter University tournaments.
- * ANUIC Volleyball tournament was organised by A.C College, Guntur on 17th & 18th December 2022, Our College secured II Place. B.Asha and N. Meghana I B.Sc CBZ were selected for University team.
- * ANUIC Ball badminton Tournament was held at MAM Pharmacy College, Kesanupalli, Narasaraopet on 20th & 21st January 2023. Our college team got first place. K.Sumathi III B.Sc, V.Pujitha II B.sc, and R.Ankitha I B.A were selected for All India Inter University tournaments.
- * ANUIC Handball Tournament was conducted by KVR, KVR & MKR College, Khajipalem on 25th January, 2023. G.Laliyha III B.A& B.Asha were selected for Inter University tournaments.

Parent Teacher Committee

- * Conducted Parents meet for all Intermediate students on 12th January 2023. More than 100 parents participated and interacted with the management and staff.
- * Conducted Parents meet for all Degree students on 31st January 2023. The Principal and the staff explained about Internship, Community Service Projects and Academic Performance of the students with the parents. More than 200 parents participated in it and expressed their views and suggestions.
- * Conducted Parents meet for all Intermediate students on 1st February 2023 and discussed regarding the preparation for the forth coming public practical and theory exams.

Hostel Activities

- * JMJ College Hostel creates an excellent ambience for the rural students and economically poor students to excel in their academics. Many poor students are given fee concession in the hostel. In order to have effective functioning of the hostel as well as to involve the students in taking up various responsibilities, various committees like Liturgy Committee, Cultural Committee, Food & Discipline Committee have been formed. We also formed Hostel Advisory Committee where the senior staff as members to monitor the entire functioning of the hostel. Activities like Fresher's Day, Diwali, Christmas, Sankranti, Retreats, Hostel Day, Cleanliness Drive, Tree plantation drive, sports, games and cultural competitions, Retirement Functions of Hostel Employee and Farewell Party

Celebrations, motivational speeches, Yoga and Karate training etc. were carried out for the for the hostellers during the year 2022-23.

CONCLUSION

- * The Lord Almighty has always been the driving force and source of inspiration to the management of our College. I sincerely express my deep gratitude to our Provincial Superior of Guntur Province Dr. Sr. Tresa K.V.M. and her team for their constant guidance and prayerful support in all our endeavours. Thanks to all the members of the management for their invariable support and prayers. My heartfelt thanks to IQAC Coordinator, Mrs. M. Aruna, Deans Dr. S. Uma Maheswari & Dr. G. Sudhakar, Controller of Examinations Dr. P.M. Padmalatha, Heads of the Departments, NCC Officer, NSS Programme Officer, Director of Physical Education, various Committee Conveners, Teaching and Non-teaching staff, parents and my dear students for extending their support for the fruitful functioning of the institution.
- * I thank the Academic Committee and the Cultural Committee who worked hard to make this Annual Day celebration a unique event. Hearty Congratulations to the prize winners, meritorious students of the Annual Year 2022-23.
- * I would like to conclude with the quote of Rabindranath Tagore, "Reach high, for stars lie hidden in you. Dream deep, for every dream precedes the goal."
- * Thanks to each and every one of you for your support and prayers. May God bless us all.

Dr. Sr. Shiny K.P, Principal

UNITY IN DIVERSITY : THE ESSENCE OF LIFE TOGETHERNES

Introduction :

In a world marked by cultural, religious, and ethnic diversity, the phrase “Unity in Diversity” holds profound significance. This powerful idea encapsulates the beauty of harmoniously coexisting despite our differences. It celebrates the rich tapestry of human life, where unique threads of cultures, beliefs, and traditions weave together to create a vibrant, inclusive society. In this article, we will explore the concept of unity in diversity and how it enriches our collective human experience.

Embracing Differences:Unity in diversity emphasizes the acceptance and celebration of differences. It encourages individuals to respect and appreciate varying perspectives, traditions, and backgrounds. This acceptance is the cornerstone of peaceful coexistence, fostering an environment where people can learn from one another, grow together, and form stronger, more resilient communities.

Cultural Enrichment:One of the most compelling aspects of unity in diversity is the cultural enrichment it offers. Our diverse world introduces us to a plethora of art forms, culinary traditions, music, and rituals. These cultural exchanges open doors to new experiences and understanding, promoting creativity and empathy.

Over coming Prejudice:The unity in diversity model challenges stereotypes and prejudices. When people from different backgrounds interact and form connections, they dispel misconceptions and biases. Unity becomes a powerful antidote to discrimination, as it allows individuals to recognize our shared humanity and acknowledge that our differences only enrich our lives.



Strength in Variety : Diverse communities are often more resilient and innovative. The collective wisdom of people with different perspectives can lead to novel solutions to complex problems. A multitude of skills and talents contributes to community growth, whether in the workplace, educational institutions, or the broader society.

Unity in Diversity around the World : Many nations have successfully embraced unity in diversity as a guiding principle. For example, India is a shining example of a country with a myriad of languages, religions, and cultures living together in harmony. Similarly, the European Union unites numerous nations under a shared goal of peace and economic cooperation, while respecting their individual cultures.

Challenges on the Path to Unity : While unity in diversity is a powerful ideal, it does come with its challenges. Misunderstandings, intolerance, and prejudice can disrupt the harmony. However, education, open dialogue, and promoting intercultural understanding can help overcome these hurdles.

The Role of Education : Educational institutions play a vital role in promoting unity in diversity. They offer a space where students from different backgrounds can learn, grow, and celebrate their differences. Curricula can include lessons on different cultures, fostering an inclusive environment where diversity is respected.

Celebrating Unity in Diversity : Promoting unity in diversity requires efforts from all individuals and communities. Some ways to celebrate this unity include:

- ❖ **Cultural Exchange :** Participate in cultural exchange programs, attend multicultural events, or simply engage in conversations with people from diverse backgrounds.
- ❖ **Interfaith Dialogue :** Engage in dialogue with individuals from various religious backgrounds, seeking common ground and understanding.
- ❖ **Community Initiatives :** Support and participate in community initiatives that celebrate diversity and promote tolerance.
- ❖ **Advocacy :** Advocate for inclusive policies and legislation that protect the rights of all individuals, regardless of their backgrounds.

Conclusion :

Unity in Diversity is not just a concept; it's a way of life that leads to a richer, more interconnected world. Embracing diversity offers us the chance to learn, grow, and prosper together, transcending our differences. By celebrating unity in diversity, we create a world where people of all backgrounds can find common ground, understanding, and a shared sense of belonging. It is a journey worth embarking on, for it holds the promise of a more inclusive, compassionate, and harmonious future for all of humanity.



Dr. Sr. Shiny K.P, Principal

CLIMBING TO SUCCESS : A MANTRA FOR TOMORROW'S ACHIEVERS



In the quest for success, these words ring true: “The heights by great men reached and kept were not attained by sudden flight, while their companions slept, they were toiling upward in the night.”

It's common for people to complain about their perceived lack of talents or qualities, comparing themselves to others who seem blessed. However, these complaints often stem from laziness and self-deception. We all possess unique talents and qualities waiting to be discovered. The key is to find out what you excel at.

Consider inspiring figures like Helen Keller, who overcame blindness, deafness, and muteness to astonish the world with her writings. Or John Milton, who, despite losing his sight, created masterpieces like “Paradise Lost” and “Paradise Regained.” Great men and women achieve their heights through relentless hard work.

For those striving for success, here's a how-to list :

1. **Set a Goal** : A life without a goal is like a ship adrift in the sea. Determine what you want to become.
2. **Enthusiasm** : Nothing is achieved without enthusiasm. It's the driving force that propels us toward our goals. Cultivate enthusiasm for your aspirations.
3. **Sacrifice** : “No Pains, No Gains.” To reach your goals, you must be willing to give up that which hinders your progress.
4. **Accept Failures** : Failure and success are part of life. Use failures as stepping stones to success, just as Abraham Lincoln did.
5. **Patience** : Greatness isn't achieved overnight. Embrace the struggles and wait for success.
6. **Believe in Yourself** : Confidence in your abilities is paramount. As Mahatma Gandhi said, “Men often become what they want to be.”
7. **Prayer** : Seek divine blessings in your pursuits. Work diligently, and your prayers will help you achieve your dreams.

Success is attainable when accompanied by dedication, persistence, and unwavering belief in oneself.



- Rev. Sr. Mary Sarada, Vice-Principal

ELA BHATT AND SEWA : EMPOWERING WOMEN AND FIGHTING FOR JUSTICE



Ela Bhatt, an exceptional Indian lawyer and social worker, dedicated her life to advocating for the rights of self-employed women and transforming India's social and economic landscape. Her journey began in 1972 when she established the Self-Employed Women's Association (SEWA) to address the myriad challenges faced by women engaged in various trades, from

weaving to street vending.

Within three years, SEWA gathered an impressive 7,000 members and earned recognition as a registered trade union with the Indian government. This marked the beginning of a movement that would significantly impact the lives of countless self-employed women. By December 1995, SEWA's membership had grown to a remarkable 218,700, making it India's largest single union.

SEWA's significance lay not only in its size but also in the transformative power it bestowed upon women. Through collective strength and unwavering solidarity, SEWA empowered women to negotiate better working conditions and opportunities. The union established essential schemes for health, death, and maternity benefits, offering a safety net to its members. Furthermore, it facilitated the creation of 71 cooperatives across various trade groups, enabling women to share skills, develop innovative tools, and engage in bulk purchasing and joint marketing. These cooperatives, each with an impressive average membership of over 1,000 women, fostered economic independence.

One of SEWA's crowning achievements was the establishment of its bank in 1974. This institution played a pivotal role in liberating thousands of women from moneylenders and pawnbrokers by providing access to financial services. Remarkably, the bank's loan repayment rate stands at an impressive 96 percent, reflecting the financial acumen and commitment of the women it serves.

Ela Bhatt's passion for justice extended beyond India's borders, with SEWA affiliating with international workers' unions and advocating for home-based workers' recognition and protection through the International Labour Office (ILO).

Her relentless efforts and commitment to social justice earned her numerous accolades and recognitions. Bhatt's impact reached global proportions, leading to praise from then-U.S. Secretary of State Hillary Clinton in 2012. Ela Bhatt's life and work continue to inspire those dedicated to the cause of social justice and women's empowerment worldwide.



- Mrs. Visaranthamma, HoD of Political Science

UNVEILING THE WORLD OF - ISMS PHILOSOPHIES

Introduction:

The term “ism” is frequently heard, yet its true essence often remains elusive. In this article, we embark on a journey to illuminate the philosophies associated with various “isms.”

Hinduism: Hinduism, the world’s most ancient religion (Sanatana Dharma), embraces beliefs in multiple deities, idol worship, Karma, and comprises four major denominations: Vaishnavism, Shaivism, Sakthism, and Smartism.

Jainism: Jainism revolves around non-violence, non-absolutism, and asceticism. It venerates 24 supreme Preachers (Tirthankaras) and has two major sub-traditions: Digambara and Svethambara.

Buddhism: Founded on Buddha’s teachings, Buddhism addresses suffering, its root causes (desires), its cessation, and the path to enlightenment through meditation.

Judaism: A monotheistic Abrahamic tradition, Judaism centers on God’s covenant with the Israelites, as conveyed through sacred texts such as the Torah, Talmuds, and Tanakh.

Taoism: A Chinese philosophy, Taoism guides towards attaining perfection through self-cultivation, as expounded in the Tao Te Ching.

Christianity: Christianity is built upon the life and teachings of Jesus Christ, with core tenets including the belief in Jesus as the Son of God, salvation, and ecclesiology.



Other Philosophies :

- ❖ **Naturalism:** Advocates a return to nature, emphasizing the role of the senses in acquiring knowledge.
- ❖ **Idealism:** Prioritizes spiritual aspects, attributing creation and knowledge to God.
- ❖ **Pragmatism:** Emphasizes practicality, action, and the absence of absolute values.
- ❖ **Realism:** Acknowledges the existence of comprehensible real entities.
- ❖ **Humanism:** Empowers individuals, prioritizing their well-being.
- ❖ **Socialism:** Promotes social ownership of production means.
- ❖ **Communism:** Advocates common ownership and self-management of production.
- ❖ **Fascism:** Encompasses authoritarianism, nationalism, hierarchy, militarism, and elitism.
- ❖ **Nazism:** Involves dictatorship, anti-communism, and the unification of Germany.
- ❖ **Luddism:** Originated as a protest against machine usage by English textile workers.
- ❖ **Maoism:** Focuses on a societal revolution in pre-industrial China.
- ❖ **Feminism:** Advocates for gender equality and women's rights.
- ❖ **Gandhism:** Rooted in truth and non-violence, inspired by Mahatma Gandhi.
- ❖ **Secularism:** Encourages the separation of religion from civic affairs and promotes religious tolerance.
- ❖ **Naxalism:** Emerged from a split in the Communist Party of India (Marxist) and remains active in remote, underdeveloped Indian areas.
- ❖ **Terrorism:** Encompasses the use of violence for political or religious aims, often causing fear.
- ❖ **Rationalism:** Regards reason as the primary source of knowledge.

Conclusion :

These “isms” profoundly influence our worldviews, shaping individuals, societies, and states. Beyond the ones mentioned, there exist other -ISMS like Nationalism, Communalism, Federalism, Regionalism, Individualism, Tourism, and Religionism, all playing significant roles in our diverse society.



- Mr. M. Moshe, Lecturer in History

THE POWER OF BLOGGING IN ENHANCING LANGUAGE SKILLS

In today's globalized IT era, the significance of learning English has become paramount. Over the past decade, blogging has emerged as a powerful tool in education. It offers a personalized learning experience and can even pave the way for a rewarding career for those passionate about writing and sharing valuable insights. Blogging transcends boundaries and provides rich content and real-life experiences to students, encouraging communication and interaction among them.

Blogging serves as an excellent platform for honing your writing skills. It allows you to practice and experiment with various writing styles and tones, contributing to your growth as a writer. Moreover, it opens up opportunities for you to connect with language experts and learn from their expressions.

Why Blogging Matters :

Connect and Learn : Blogging connects you with a broader audience, facilitating the exchange of ideas and expertise. You can share your knowledge and learn from others in the process.

Enhance Language Skills : Blogging is an effective way to improve your language proficiency. It encourages you to write fluently and correctly, with an emphasis on accuracy.

Motivation Booster : Active participation in blogs increases motivation and self-expression. It encourages students to produce language more fluently and accurately.

Real-world Language Practice : Blogs provide an authentic platform for practicing language skills, allowing you to engage with real audiences.

The Blogging Experience :

We conducted an experiment with 38 students majoring in Library and Information Management, involving traditional language instruction for one group and an active blogging approach for the other. The blogging group engaged in writing grammar articles and participated in blog discussions to enhance their writing skills. The results showed significant language proficiency improvement and heightened motivation among the blogging group.

In a nutshell, blogging offers a dynamic learning environment and a unique opportunity for students to develop their language skills while engaging with real audiences. It's a win-win for language learners and aspiring writers.

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- Mr. G. Jyothi Olivia
Lecturer in English

BUILDING TOMORROW'S LEADERS : TEACHERS' VALUES AND ETHICS IN EDUCATION

In an ever-changing world, adaptability and moral guidance are indispensable. Teachers bear a unique responsibility as they shape the future citizens of society. Values and ethics are their compass on this profound journey.

Values, instilled from childhood, are the products of our surroundings and upbringing. Ethics, on the other hand, determine our conduct when confronted with moral dilemmas, forming the bedrock of our character.

This moral compass comprises key components: moral sensitivity, judgment, motivation, and character. Morality equips us to distinguish right from wrong, while ethics challenge us to unwaveringly choose the right path, regardless of the challenges we face.

Values and ethics lay the foundation for constructing a moral society, and teachers are instrumental in passing these on. They are more than just educators; they are caregivers, mentors, and inspirers.



The attitudes and actions of teachers reflect their ethics and values. While strong professional skills are vital, they must be complemented by unwavering ethical principles. Teachers play a pivotal role in fostering positive learning experiences and boosting their students' self-esteem.

A robust code of professional ethics serves as the guiding principle for teachers, ensuring their continual professional growth and unwavering commitment to society. They operate under the constant scrutiny of their students and society, necessitating the maintenance of trust.

The Code of Professional Ethics for teachers provides the framework for their obligations to students, parents, colleagues, and the community.

In conclusion, outstanding teachers do more than impart knowledge; they inspire, engage, and serve as role models. Their commitment to upholding values and ethics sets the stage for the leaders of tomorrow. As Arnold Horshack wisely stated, "Winning is nice if you don't lose your integrity in the process."



- P. Hemalatha, HoD of Home Science

OBESITY: A LOOMING HEALTH CRISIS

Obesity is a global concern, affecting over 1.9 billion adults, with 650 million of them classified as obese. Shockingly, it now claims more lives than underweight conditions. Even children under five aren't spared, as 2020 saw 39 million of them wrestling with obesity. Alarming, India's prevalence of overweight and obesity is projected to surge significantly by 2040.

But what is obesity? It's an unhealthy accumulation of excessive body fat, posing a risk to one's well-being. To identify obesity, we rely on the Body Mass Index (BMI), calculated by dividing a person's weight in kilograms by the square of their height in meters (kg/m^2). Obesity is typically defined as having a BMI over 30, while a BMI between 25 and 29.9 indicates being overweight.

Is obesity inherited, or is it a lifestyle choice? While some are genetically predisposed, most cases stem from poor dietary habits and a lack of physical activity.

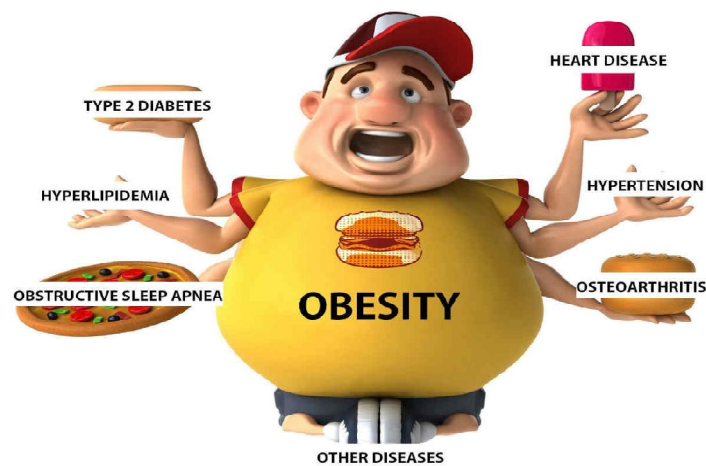
Can obesity be corrected? Yes, it primarily results from an energy imbalance, where calories consumed exceed those burned. Correction involves:

- ❖ Choosing healthy foods like whole grains, fruits, vegetables, and lean proteins.
- ❖ Consuming calories in line with metabolic needs.
- ❖ Engaging in regular physical activity, even just 30 minutes of walking daily.
- ❖ Managing food cravings sensibly.

The risks associated with obesity go beyond appearance, encompassing high cholesterol, hypertension, type 2 diabetes, breathing difficulties, joint problems, gallbladder disease, and stroke.

Prevention is the key to avoiding the perils of obesity, as "Prevention is better than cure." As Arthur Ashe wisely said, "Start where you are. Use what you have. Do what you can."

- Ms. Jessika Potla, Lecturer in Home Science



THE ESSENCE OF HEALTH AND WELL-BEING

In the intricate web of life, what holds the utmost significance? Is it wealth, time, or happiness? While opinions vary, the undeniable truth, as expressed by the late Rakesh Jhunjhunwala, a renowned business magnate and investor, is that “My worst investment has been my health.” It’s the one asset that should be invested in the most.

Your possessions, time, and happiness hold little value if health slips from your grasp. Health goes beyond the mere absence of illness; it encompasses happiness, enlightenment, autonomy, learning, transformation, and healing.

Physical health may be the first aspect that comes to mind, but don’t overlook mental, spiritual, and social health. Are you giving yourself the attention you deserve? Are you prioritizing your well-being and not just bending to societal norms? Now is the time to assess.

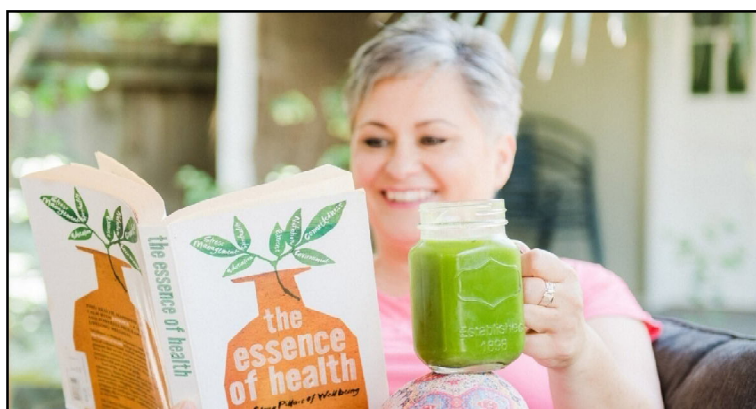
Physical Health : The state of your body matters. It influences your overall ability to thrive. Prioritize habits like physical activity, a balanced diet, avoiding alcohol and drugs, proper rest, and sleep. Your physical health impacts how you feel, look, and live.

Mental Health : It’s equally significant, enabling you to cope with life’s stresses, realize your abilities, learn, work, and contribute to your community. Strikingly, one in five has mental health conditions, and one in two is at risk. Nurture good relationships, stay active, practice kindness, and mindful.

Spiritual Health : It’s about finding meaning and purpose in your life, fostering inner calm, and discovering your role. Signs of spiritual wellness include a sense of purpose, the ability to reflect, a clear sense of right and wrong, and the practice of forgiveness and compassion.

Social Health : It revolves around your relationships and connections. The quality of close social relationships has been proven to be the victor of health and happiness. It encompasses maintaining healthy relationships, developing friendships, and contributing to society.

In conclusion, health is a holistic concept. True health involves harmony with God, oneself, people around us, and the environment, especially nature. Make health a habit, and you’ll lead a truly healthy lifestyle.



- Dr. K. Nirmala Jyothi
HoD of Chemistry

EMPOWERING WOMEN IN THE WORK PLACE

Women have long played crucial roles in households, and now their significance in the workplace is rightfully acknowledged. They engage in a wide array of activities beyond their routine domestic responsibilities. It is imperative to create a society where women can breathe freely, devoid of oppression, exploitation, and discrimination, ensuring a brighter future for the next generation.



Historically, women in India have faced oppression and domination within a patriarchal society, enduring numerous challenges. They were conditioned to accept societal norms that often bound them, including initiation rites. This conditioning instilled values of obedience, respect for elders, and conformity to gender-specific roles. Women were seldom viewed as individuals with their own personalities or personal lives.

The traditional Indian society relegated women to inferior positions, perpetuated by practices such as polygamy, early marriage, and illiteracy, all stemming from years of subjugation. Unfortunately, some of these practices still persist in certain regions. Furthermore, cultural and social constraints limit women's participation in prominent decision-making roles, as they are often perceived as incapable of making sound judgments.

Women face challenges in the workplace globally, and these challenges can be context-specific. The literature on workplace issues isn't confined to women in unorganized sectors; it extends to formal organizations as well. Women continue to strive for a better quality of life, contributing not only to their families but also to the economies of various countries through their work.

Workplace Challenges:

- ❖ Balancing paid employment and family care.
- ❖ Coping with work-related stress.
- ❖ Experiencing physical harassment and unfair treatment.
- ❖ Tolerating abuse, violence, harassment, and discrimination.
- ❖ Dealing with sexual harassment, mental pressure, and safety concerns.
- ❖ Confronting prejudiced and stereotypical attitudes.

Recommended Solutions:

- ❖ Encourage partners to support women in daily tasks and childcare responsibilities, challenging traditional gender roles.
- ❖ Establish internal workplace codes to ensure the security of female employees.
- ❖ Mandate the use of GPS in vehicles transporting women during night shifts.
- ❖ Provide self-defense training, install safety devices and CCTVs, and conduct police verifications for employees in sensitive roles.
- ❖ Offer childcare facilities and leave for working women.
- ❖ Implement flexible working hours and the option to work from home.



- M. Deepthi, II B.A English Literature

THE POWER OF BELIEVING IN YOURSELF



In a world filled with challenges and uncertainties, one of the most powerful tools we have at our disposal is the unwavering belief in ourselves. The ability to trust in our own capabilities, strengths, and potential can be the key to unlocking a world of opportunities and achieving our wildest dreams.

Believing in yourself is not just a fleeting feeling of confidence; it is a mind-set, a way of life that can propel you forward in the face of adversity. When you have faith in your abilities, you are more likely to take risks, push past your comfort zone, and persevere in the face of obstacles.

Self-belief is not about being arrogant or overly confident; it is about acknowledging your worth, recognizing your skills and talents, and embracing your uniqueness. It is about understanding that you are capable of achieving great things and that your potential knows no bounds.

When you believe in yourself, you exude a sense of self-assurance and positivity that can be contagious. Others are drawn to your confidence and are more likely to support and believe in you as well. Your belief in yourself can inspire those around you to reach for their own dreams and goals.

So, how can you cultivate and strengthen your belief in yourself? Start by practicing self-affirmations daily, reminding yourself of your strengths and accomplishments. Set realistic goals for yourself and celebrate your achievements, no matter how small. Surround yourself with positive and supportive people who lift you up and encourage you to be the best version of yourself.

Remember that setbacks and failures are a natural part of life, but they do not define you. Use these experiences as opportunities for growth and learning, knowing that each challenge you overcome only makes you stronger and more resilient.

Believing in your self is a choice, a decision to trust in your own abilities and potential. It is a journey of self-discovery and self-empowerment that can lead you to a life filled with purpose, passion, and fulfilment. So, embrace your uniqueness, trust in your journey, and never underestimate the power of believing in yourself. You are capable of achieving greatness beyond your wildest imagination



- Sohana Mohammad, I B.A.

THE INTEGRAL ROLE OF HOSTELS IN STUDENT LIFE

For many students, the experience of living in a hostel is a pivotal and transformative part of their educational journey. Hostels play a crucial role in shaping students' lives, providing a unique environment that fosters personal growth, independence, and the development of lifelong relationships.

One of the primary benefits of living in a hostel is the opportunity for students to cultivate independence and self-reliance. Away from the comfort and familiarity of their homes, students are forced to navigate daily tasks such as cooking, cleaning, and managing their time on their own. This independence not only prepares students for the challenges of adulthood but also helps them build resilience and adaptability in the face of new situations.

Hostels also serve as a melting pot of diverse cultures, backgrounds, and perspectives, offering students the chance to broaden their horizons and expand their worldview. Living in close proximity to peers from different regions or countries exposes students to new ideas, traditions, and languages, fostering a sense of cultural awareness and appreciation. This multicultural environment encourages students to embrace diversity, practice tolerance, and develop a global mind set that will serve them well in an increasingly interconnected world.

Moreover, the communal living arrangement of hostels promotes the formation of deep and lasting relationships among students. Sharing living spaces, meals, and experiences with roommates and fellow residents creates a sense of camaraderie and solidarity that often leads to lifelong friendships. These bonds forged in hostels provide students with a support system, a sense of belonging, and a network of peers who understand and empathize with their struggles and triumphs.

Beyond personal growth and social connections, hostels also offer a conducive environment for academic success. The structured routine, quiet study spaces, and access to resources such as libraries and study groups create an atmosphere that is conducive to learning and productivity. The presence of peers pursuing similar academic goals can also foster a spirit of healthy competition, motivation, and collaboration that can enhance students' academic performance and overall success.

In conclusion, hostels play a multifaceted and indispensable role in the lives of students, providing a nurturing environment that promotes personal growth, independence, and the formation of lifelong relationships. The experiences gained from living in a hostel go beyond academic learning, shaping students into well-rounded individuals who are equipped to navigate the complexities of the world with confidence and resilience. As such, hostels are not just temporary residences but invaluable spaces that contribute significantly to the holistic development and well-being of students during their formative years.



- Ch. Mary, II B.A.

EXPLORING THE MULTIFACETED WORLD OF HOME SCIENCE : ENHANCING LIVES THROUGH PRACTICAL KNOWLEDGE AND SKILLS

Home Science, often described as the art and science of managing a home and living a fulfilling life, encompasses a diverse range of disciplines that are essential for everyday living. From nutrition and food science to family relations, textiles, interior design, and resource management, Home Science plays a crucial role in equipping individuals with the knowledge and skills needed to lead healthy, sustainable, and harmonious lives.

Nutrition and food science are fundamental components of Home Science, focusing on the importance of a balanced diet and healthy eating habits. By understanding the principles of nutrition, meal planning, and food preparation, individuals can make informed choices that support their overall well-being and vitality. Home Science empowers individuals to create nutritious and delicious meals that cater to their dietary needs and preferences, promoting good health and longevity.



Family relations and human development are also central to Home Science, emphasizing the significance of strong and nurturing relationships within the family unit. By studying topics such as child development, family dynamics, communication skills, and conflict resolution, individuals can cultivate harmonious and supportive relationships that contribute to emotional well-being and personal growth. Home Science provides valuable insights into building resilient and loving family connections that form the foundation of a fulfilling life.

Textile and clothing technology, as well as interior design, are integral aspects of Home Science that focus on creating aesthetically pleasing and functional living spaces. By learning about textile materials, garment construction, color theory, and design principles, individuals can enhance their personal style and create inviting and comfortable home environments. Additionally, resource management in Home Science teaches individuals how to optimize the use of resources, reduce waste, and promote sustainability in their daily lives.

In a rapidly changing world where time and resources are often limited, the principles and skills taught in Home Science are more relevant and valuable than ever. By embracing the teachings of Home Science, individuals can cultivate a holistic understanding of their physical, emotional, and environmental well-being, leading to a more balanced and fulfilling life. Whether it's mastering the art of healthy cooking, creating a cozy and stylish home, or fostering meaningful relationships, Home Science empowers individuals to thrive in all aspects of their lives.

In conclusion, Home Science is a dynamic and essential field of study that offers practical knowledge and skills to individuals seeking to enhance their quality of life. By exploring the multifaceted world of Home Science, individuals can gain valuable insights into nutrition, family dynamics, design aesthetics, and resource management, leading to a more sustainable and harmonious lifestyle. Let us celebrate the richness and versatility of Home Science and its transformative impact on individuals striving for a life filled with health, happiness, and fulfillment



- L Yamini Lakshmi, II B.Sc. Home Science

GO GREEN, GO LIFE: THE PATH TO A SUSTAINABLE FUTURE

In today's rapidly evolving world, where environmental concerns are no longer just topics for discussion but pressing global issues, the mantra "Go Green, Go Life" has never been more relevant. It signifies a shift in our perspective, a commitment to sustainable living, and an acknowledgment of the profound connection between our well-being and the health of the planet. This article explores the importance of adopting a green lifestyle, the positive impacts it can have on our lives, and the collective responsibility we all share in preserving the Earth for future generations.



Why Go Green?

Going green means adopting eco-friendly practices, conserving natural resources, and reducing our carbon footprint. The primary reasons to embrace a green lifestyle are:

Environmental Preservation: One of the most compelling reasons to go green is to protect our environment. Climate change, deforestation, and the loss of biodiversity are all alarming threats. By making sustainable choices, we contribute to the conservation of ecosystems and the health of our planet.

Health Benefits: Going green promotes cleaner air, safer food, and a healthier living environment. It reduces our exposure to harmful chemicals and pollutants, thereby improving our overall well-being.

Cost Savings: Green living often translates to financial savings. Simple practices like reducing energy consumption, using public transportation, and minimizing waste can lower your utility bills and reduce expenses.

Sustainable Resources: Adopting green practices ensures that future generations have access to vital resources like clean water, fertile soil, and renewable energy sources. It's a way to preserve these resources for the long term.

The Green Lifestyle

Reduce, Reuse, Recycle: The mantra of the green movement encourages minimizing waste. Reduce what you consume, reuse items when possible, and recycle materials to keep them out of landfills.

Conserve Energy: Decreasing energy consumption is a key element of green living. Use energy-efficient appliances, turn off lights when not needed, and employ renewable energy sources.

Eco-Friendly Transportation: Opt for walking, cycling, carpooling, or public transportation to reduce emissions and traffic congestion. Electric vehicles are also becoming more accessible.

Sustainable Eating: Support local and organic food sources. Reducing meat consumption and embracing a plant-based diet can have a significant environmental impact.

Reduce Plastic Use: Single-use plastics are harmful to the environment. Choose reusable alternatives and support businesses that use eco-friendly packaging.

Nature Connection: Spending time outdoors fosters an appreciation for nature and can motivate you to protect it. Gardening and outdoor activities offer a deeper connection to the environment.

Advocate for Change: Participate in environmental movements, support eco-conscious policies, and make your voice heard in favor of a sustainable future.

Collective Responsibility

“Go Green, Go Life” is not just a personal choice; it's a collective responsibility. Governments, businesses, and individuals all play crucial roles in preserving the environment. Environmental policies and regulations are essential for regulating pollution and resource management. Sustainable practices within industries can reduce carbon emissions and conserve natural resources. As individuals, we must continue making mindful choices that promote sustainability.

In conclusion, adopting a green lifestyle is a choice that benefits both individuals and the planet. It's about recognizing that our well-being is intricately connected to the health of the Earth. By going green, we can mitigate the adverse effects of climate change, preserve the environment, and ensure a better quality of life for ourselves and generations to come. “Go Green, Go Life” is not just a slogan; it's a call to action for a brighter, more sustainable future.



- K. Rishithavi, III B.A.

A SPECIAL MESSAGE FOR MY BELOVED BROTHER

Siblings are the ones who teach us the true meaning of life. The elder one imparts wisdom through their experiences to the younger, understanding our secrets, feelings, and even our unspoken thoughts. They are the reflection of who we are, and siblings deserve a warm hug, even without any special occasion. If you share a unique bond with your brother and want to express your love and appreciation, don't hesitate to let him know. They are our partners in crime and allies in life.



Here are some heartfelt messages for your brother :

- ❖ You are the best brother anyone could ask for, and I consider myself incredibly lucky to have you in my life. You are my source of encouragement and strength. I love you in every way, my dear brother.
- ❖ I feel immensely fortunate to have you as a brother and a true friend. You've always been there to help me with my problems, like a strong pillar of support. I love you more than I can express.
- ❖ I don't need a superhero when I have a brother like you. You're always there to support me, and I love you so much, my dear brother.
- ❖ You consistently impart good values and wisdom, motivating me during challenging times and protecting me from making wrong decisions. You mean the world to me, and I love you more than words can convey.
- ❖ Thank you for always guiding me in the right direction and supporting me in every decision. Words can never fully express how much you mean to me and how much I love you. Sending you lots of hugs and kisses. May our bond continue to strengthen, and may we be blessed to stay together forever.
- ❖ I'm blessed to have a brother who serves as my guardian. You are the best person in my world, and words fall short when it comes to describing your significance.
- ❖ Whether you're older or younger, you are more mature, understanding, and a problem-solver to me. I'm truly blessed to have a brother like you. I love you, my dear brother.

These messages reflect the love and admiration we hold for our brothers, who play such a crucial role in our lives.



- A. Yasasri, | B.Sc. (CBZ)

MEDITATION : A JOURNEY TO INNER PEACE AND WELL - BEING

Introduction :

Meditation, the practice of introspection in tranquil silence, has long been cherished for its incredible capacity to soothe the mind and body. It offers a simple, yet fast route to alleviate stress, rekindle inner harmony, and foster overall emotional and physical well-being. In this article, we will explore the art of meditation, its remarkable benefits, and the profound impact it can have on our lives.

The Essence of Meditation : Meditation, in essence, is the art of thinking deeply in peaceful silence. It is a transformative practice that not only offers relaxation but also nurtures positive mental states, including affection, kindness, sympathy, and boundless energy.

Restoring Inner Peace : Even dedicating a few precious minutes to meditation can work wonders by restoring our inner calm and tranquility. The power of meditation lies in its ability to bring balance to our emotional well-being, enhancing our mental clarity and overall health.

Benefits of Meditation : The advantages of meditation are vast and encompass various facets of our lives. These include:



- ❖ **Gaining New Perspectives:** Meditation helps us see stressful situations from a fresh angle, offering clarity and peace of mind.
- ❖ **Stress Management:** It equips us with invaluable skills to manage and mitigate the impact of stress on our lives.
- ❖ **Self-Awareness:** Meditation leads to a profound understanding of our inner selves, nurturing self-awareness and personal growth.
- ❖ **Emotional Harmony:** Through meditation, we learn to reduce negative emotions, fostering emotional equilibrium.
- ❖ **Present-Moment Focus:** The practice teaches us the art of living in the present moment, appreciating its beauty and significance.
- ❖ **Health Benefits:** Meditation contributes to overall well-being by reducing resting blood pressure and enhancing the quality of sleep.

Physical and Emotional Harmony :

While engaging in meditation, we experience a remarkable transformation in our physiological state. Heart rate and breathing slow down, blood pressure stabilizes, sweating decreases, and the body utilizes oxygen more efficiently. This synchronization of mind and body forms the foundation of meditation's power.

The Morning Meditation Ritual :

Initiating your day with a meditation ritual can instill you with a sense of self-assuredness and serenity. A calm morning reflection equips you with the strength to navigate the day's challenges and decisions.

In Conclusion :

Meditation is a gateway to tranquility, a profound practice that benefits our emotional, physical, and mental well-being. By weaving meditation into our daily routine, we access a sanctuary of inner peace and emotional resilience. As we embark on the journey of self-discovery and emotional harmony, meditation stands as a guiding light. It is a practice that enriches our lives, granting us the gift of self-awareness, stress management, and an unwavering connection to the present moment. So, start your day with meditation and find a newfound sense of confidence within yourself as you embrace the beauty of a peaceful, balanced life.



- D. Sowmya, III B.A. Spl. Economics

HOMAGE TO MY MOTHER

In my eyes, my mother is the epitome of beauty and love. Her smile shines as a beacon of positivity in all situations. She's not just a hardworking woman; she's the most special and treasured person in my life, a gift from God that I'm eternally grateful for.

My mother imparts more than just good manners; she imparts wisdom and love. She's the heart of our home, tirelessly caring for everyone. Her delicious meals are a source of comfort and joy, and her encouragement guides me on the path to success.

When I face challenges, my mother is my shield, protecting me from life's hardships. She watches over my well-being, and her love is unwavering, selfless, and boundless. In her absence, life feels empty, lacking the warmth and affection she provides.

My mother shares stories of her childhood friends, emphasizing the value of education and the art of overcoming life's obstacles. She is my most important person, the one who sacrifices sleep to care for us when we're unwell.

I know that my mother's greatest happiness would be seeing me succeed, so I strive to excel and witness the radiance of her smile. She is a reservoir of strength and power, and I pray to God for her health and happiness.

My mother, I love you beyond words.



- B. Suma, I Bi.PC



THE BEAUTY OF FRIENDSHIP

Friendship is a beautiful connection that forms between individuals who share common thoughts and mindsets. A good friend is someone with whom you can confide your deepest secrets and innermost feelings. Over time, this bond strengthens, developing into a profound and lasting relationship.

A genuine friend serves as a guiding light, always there to provide direction and support for your personal growth. Friendship is not a passive endeavor; it requires dedication and devotion. True friendship uplifts you, making you feel confident, happy, and valued.

The hallmark of a genuine friendship is mutual respect. It's a bond that celebrates your individuality and embraces your unique qualities.

In the words of an old saying, "Make new friends but keep the old; those are silver, these are gold." It reminds us that both new and old friendships are precious in their own way. The shared laughter and memorable moments with friends make life truly extraordinary.

A true friend is never judgmental, but instead, they accept you for who you are. They cherish the real you, flaws and all, and stand by you through thick and thin.

Friendship is a tapestry of beautiful memories woven together by good times and the companionship of crazy friends. These moments become the treasures of our lives, reminding us of the power of genuine friendship.

In conclusion, the essence of friendship lies in the support, joy, and understanding that it brings into our lives. It is a bond that enriches our existence and reminds us that we are never alone on this journey called life. Cherish your friendships, for they are the gold and silver threads that make the fabric of life so colorful.



- K. Harathi, II B.Sc. MPCs



THE VALUE OF TIME

Time is a precious treasure,
Sometimes it lingers, takes its leisure,
Other times it rushes, in a flurry,
Seemingly in a never-ending hurry.

We often think it's in abundance, we say,
But the truth is, it can slip away,
When we need it most, it might be gone,
Leaving us to wonder where it's drawn.

Time is precious, a finite space,
We must not squander or misplace,
For once it's gone, we can't rewind,
It's the one thing we cannot find.

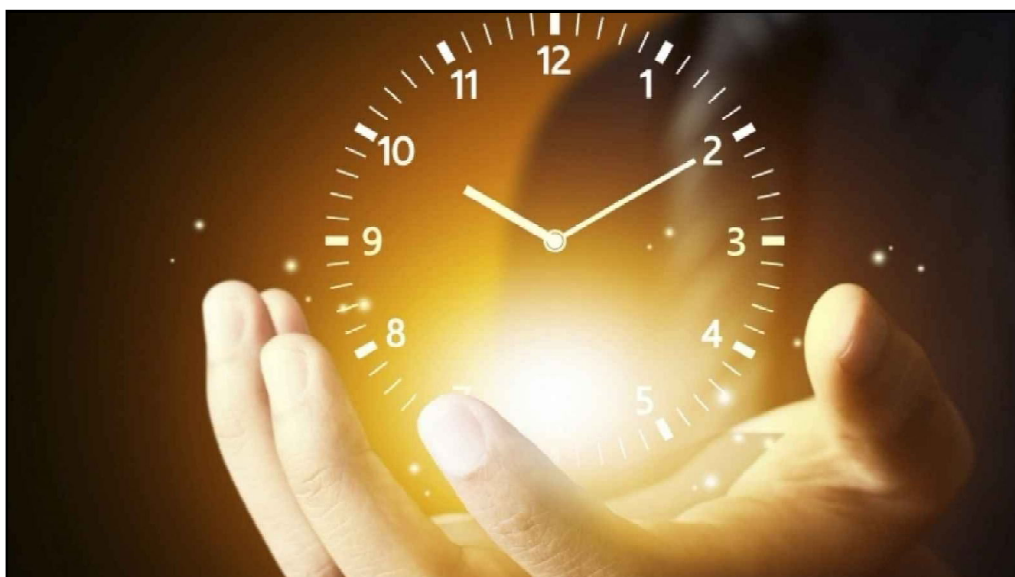
Let's seize the moments, make them count,
In every way, in every amount,
Show that we can win the race,
By valuing time, with steady pace.

So, time is precious, let's understand,
And hold it gently, like grains of sand,
For when we use it well, with grace,
We'll leave our mark, in life's grand chase.

Time is a precious gift, don't waste,
It's a chance for memories to be embraced,
So cherish every moment, every space,
And make the most of life's fleeting grace.



- R. Sandhra, II B.Com. Comp.



ఉమ్మనీళ్ళ తడి

అమ్మ ఒడి - ప్రకృతి బడి

అనంత విజ్ఞానాన్ని - రసజ్ఞతల విజ్ఞతను

ఆధునికుడి అరచేతుల్లో ఏనాడో పిండాయి

అందుకోవటంలోనే అంతరాలన్ని.....!

అమ్మతనాన్ని తక్కిన లెక్కల్లోనూ

ప్రకృతి విజ్ఞతను ప్రయోగశాలల్లోనో వెదకుతున్నాం

చంక నెత్తుకున్న బిడ్డకు చందమామను చూపిస్తూ

గోరుముద్దలు కొసరి కొసరి పెట్టే దానోని లక్ష్యం - బిడ్డ ఆకలి తీర్చడం

ఆ లక్ష్యం నేడు నిర్లక్ష్యమై - అమ్మ ఓ అబద్ధాల కోరు అయ్యింది



అవగాహనంలోనే తేడాలు అన్నీ
 నా కంట్లో పడిన నలుసును ఊదిన - అమ్మ కళ్ళలో నీళ్ళు సుదులై తిరిగితే
 ఆ బిందువుల వెనుక నా బొమ్మ పదిలమని మురిశా !
 అమ్మ ఆప్యాయతను కొంగుచాటు బిడ్డలుగా పొందుకున్న ప్రయోజకులమే !
 చెట్టుగా నిలువ నీడనిచ్చి - స్వచ్ఛమైన శ్వాసనిచ్చి
 పుంజుకొను బలాన్నిచ్చిన ప్రకృతి ఒడి
 కలప బట్టిలకు తరలుతున్న జేబు లెక్కైనట్టు
 బహుశా మనీ పర్సుల నిండుతనం - ముడతల బిడ్డ అమ్మ ముఖంలో లేదనేమో
 నేడు... ఆ అమ్మతనం కూడా అనాధ వృద్ధ శరణాలయాలకే తరలుతుంది
 గదుల్ని శీతలపరచేది ఎయిర్ కండిషనరే కావచ్చు
 కానీ మనస్సునే దాన్ని ఏ కండిషనర్ చల్లారుస్తుందో
 అయ్యోరు బళ్ళో చెప్పిన అన్ని శాస్త్రాలు
 అమ్మకు అనాదిగా యెరుకే
 ప్రకృతి ప్రయోగశాలను గొప్ప కుదుపు కుదిపి
 అణువణువూ శోధించిన పల్లె శాస్త్రవేత్త మా అమ్మ
 శతాబ్దాన్ని పిడికిట పట్టిన తల్లికి
 కొడుకు అష్టపదుల వాడైనా గారాలు చిందే పసివాడే
 ఆ అమ్మతనానికి ఆసరా కావాల్సిన కొడుకు - ఆధునికత వైపు
 ఆధునికతకు అర్థం అన్నిటినీ వదులుకోవటం కాదు
 అందరినీ కలుపుకోవటంలోనే వుంది
 కృత్రిమ పూలకు సొగసు ఎక్కువే - కానీ తుమ్మెదే వాలదు
 తుమ్మెద వాలని బ్రతుకు ఏదైనా జడత్వమే....!



- Dr. D. Vijaya Lakshmi
Lecture in Telugu

అమ్మ అంటే దేవత

అమ్మను వర్ణించాలంటే మాటలు చాలవు
అమ్మ గురించి చెప్పాలంటే గంటలు చాలవు
అమ్మ గురించి పాడాలంటే భావాలు సరిపోవు
అమ్మ ఋణం తీర్చాలంటే జీవితంచాలదు

ఓపిక, సహనానికి నిదర్శనం అమ్మ
ప్రేమ, త్యాగానికి ప్రతిరూపం అమ్మ
క్రావ్వాత్తిలా కరిగిపోతూ వెలుగునిచ్చేది అమ్మ
తాను తినకుండా పిల్లల పొట్ట నింపేది అమ్మ
ఆకలికాకముందే అన్నంపేట్టే అమ్మ తవల్లి అమ్మ
తెలిసి తెలియక చేసే తప్పులు క్షమించే సహనశీలి అమ్మ
తనకేమి ఉంచుకోకుండా అన్నీ పంచి ఇచ్చే త్యాగమూర్తి అమ్మ

అందరి క్షేమం కోరి ఆదరించేది అమ్మ
అటువంటి అమ్మలను ఆఖరి క్షణం వరకు ప్రేమగా
చూడడం మా పిల్లల బాధ్యత.

ఆ అమ్మకు కష్టం కల్గకుండా చేయటం మన ధర్మం



- K. Madhu Praseena
| B.Sc. CBZ



నాన్న ప్రేమ

నాన్న అనే రెండు అక్షరాలు మన జీవితంలో చాలా ముఖ్యమైనవి. నాన్న మనల్ని తనకంటికి రెప్పలా మన వెన్నంటూ ఉండి మనల్ని ముందుకు నడిపిస్తాడు. నాన్న అలాంటి నాన్న గురించే మనం ఇప్పుడు తెలుసుకోబోతున్నాం.

అదో మధ్యతరగతి కుటుంబం అందులో తండ్రి మరియు తన కూతురు ఉండేవారు తన చిన్నప్పుడే తన తల్లి చనిపోయింది. అప్పటి నుంచి తన తండ్రి తనను ఎంతో అపురూపంగా చూసుకునేవాడు. కంటికిరెప్పలా తన వెన్నంటి ఉండి తనను చూసుకునేవాడు. తను ఏం కావాలన్నా ఏం అడిగినా లేదు అనకుండా కొనిచ్చేవాడు తనను ఎంతో అల్లారుముద్దుగా పెంచాడు. తన కూతురు నాలా కష్టపడకూడదు, తను మంచిగా ఉండాలని ఎన్నో కలలు కనేవాడు. అలా తనను ఇంజనీరింగ్ కాలేజీలో జాయిన్ చేశాడు. తను ఇప్పుడు సెకండ్ ఇయర్ చదువుతుంది.

తను ఒకరోజు కాలేజీ నుండి వచ్చి, నాన్న అందరి దగ్గర కొత్త మొబైల్స్ ఉన్నాయి. నాకు కొనివ్వు అని అడిగింది తండ్రిని. అప్పుడు తండ్రి అదేంటమ్మా నీ దగ్గర ముందే మొబైల్ ఉందిగా అన్నాడు కాదు నాకు కొత్త మొబైల్ కావాలి అని అడిగింది. అందుకు తండ్రి కొన్ని రోజులు ఆగమ్మా కొంటాను అన్నాడు. అలా కొన్ని రోజులు గడిచాయి మళ్ళీ ఇంకో రోజు నాన్న మా ఫ్రెండ్ రాణి ఉందిగా, తనకు వాళ్ళ నాన్న కొత్త స్కూటీ కొన్నారు. నాకు కొన్నివ్వు నాన్న అని అడిగింది. అమ్మ ఇప్పుడు కాదురా కొన్ని రోజులు ఆగు అని మళ్ళీ అలాగే చెప్పాడు. మరుసటిరోజు మళ్ళీ కాలేజీ నుండి ఇంటికి వచ్చి నాన్న మా స్నేహితులందరు కలిసి ట్రీప్ కి వెళ్లాలని అనుకుంటున్నాం అని చెప్పింది. తండ్రి వద్దు అన్నాడు. అప్పుడు కూతురు నాన్న నువ్వు మారిపోయావు నీకు నేనంటే ఇష్టం లేదు, నువ్వు మంచివాడివి కాదు అని గదిలోకి వెళ్లి గట్టిగా తలుపు వేసుకుంది. తండ్రి తలుపు ఎంత కొట్టినా తెరవలేదు. రాత్రి మళ్ళీ వెళ్లి తలుపు కొట్టాడు అయినా తలుపు తెరవలేదు. అలా చాలాసేపు కొట్టాడు. అప్పుడు లోపలి నుండి కూతురు నాన్న నువ్వు నన్ను డిస్టర్బ్ చేయొద్దు అని గట్టిగా అరిచింది. తండ్రి వెంటనే అక్కడ నుండి వెళ్లిపోయాడు. కూతురికి మార్నింగ్ మెలకువ వచ్చి టైం చూసింది సమయం 8:30 అవుతుంది. వామో 8:30 అయింది అదేంటి నాన్న రోజు నన్ను లేపేవాడు కదా అని గబగబా లేచి తలుపు తీసి బయటకు వెళ్లి చూసింది. తన తండ్రి మంచం మీద పడి ఉండడం చూసి పరిగెత్తుకుంటూ వెళ్ళింది. ఇంకెక్కడ నాన్న చనిపోయాడు. తన తండ్రి గుండెలపైన ఒక లెటర్ ఉంది ఎంతో ఆత్యంత తీసుకొని చదవసాగింది.

అమ్మ నాకు చాలారోజులనుండి చెస్ట్ పెయిన్ వస్తుంది. నీకు చెప్తే నువ్వెక్కడ బాధపడతావో అని చెప్పలేదు. ఒకవేళ నేను చనిపోతే నిన్ను చూసుకునేవాళ్ళు ఎవరూ ఉండరు కదమ్మా! అందుకే నీకోసం మన ఊరిలో మంచిగా ఇల్లు కట్టించాను. నువ్వు అన్నావు కదా అమ్మ నువ్వంటే నాకు ఇష్టంలేదని, నిజానికి నువ్వంటే ప్రాణం. నా సర్వస్వం నీ కోసమేనమ్మ. తన తండ్రి రాసిన లెటర్ చదువుతుండగా గుండె పగిలేలా ఏడ్చింది. కానీ ఏమీ సుఖం తన తండ్రి చనిపోయాడు. చూశారా తన తండ్రి ఉన్నప్పుడు తన విలువ తెలుసుకోకుండా అది కావాలి ఇది కావాలి అని చెప్పి తనను ఎంతగానో నొప్పించింది. ఇప్పుడు తన తప్పు తెలుసుకునేసరికి తన ముందు తన తండ్రి శవమై ఉన్నాడు.

ఈ ప్రపంచంలో నాన్న అనే రెండు అక్షరాలు ఎంతో విలువైనవి. అవి ఒక్కసారి దూరమయ్యాయి అంటే నువ్వు ఎన్ని డబ్బులు పెట్టినా, ఎంత బంగారం పెట్టినా, తిరిగి రాని బంధం నాన్న.

అమ్మ తను చూసే ప్రపంచం మొత్తం తన పిల్లలు కూడా చూడాలని అనుకుంటుంది. నాన్న తను చూడలేని ప్రపంచం కూడా తన పిల్లలు చూడాలని అనుకుంటాడు నాన్న. అది నాన్న ప్రేమంటే.

నా జీవితంలో మొదటి స్నేహితుడు నాన్న. నేను చనిపోయేటప్పుడు చివరి జ్ఞాపకం నాన్న.

Love you so much

నీ ప్రతి గెలుపు తన చిరునవ్వు నీవే అనుకునేవాడు నాన్న.

నీ జీవిత ప్రతీ మలుపులో తోడు ఉండేవాడు నాన్న.

నీ అడుగులో ఒక అడుగు అయ్యి నీ ప్రతి విజయానికి కారణం అయ్యేవాడు నాన్న.

నీ ప్రతి కలను నిజం చేసేవాడు, నువ్వు ఎదగాలని కలలు కన్నవాడు నాన్న.

నిన్ను గుండెలపై ఆడించేవాడు, నిన్ను భుజాలపై మోసేవాడు నాన్న.

నువ్వు వినే ఓ అందమైనపాటలా.....

నీ నవ్వుకై అంతులేని కథలా ! నీ జీవితం కొరకు పాటు పడేవాడు నాన్న.

నీ ప్రతి పుట్టినరోజును ఒక పండుగలా నీ ప్రతిక్షణం ఒక జ్ఞాపకంగా నిలిపేవాడు నాన్న

నువ్వు ఇచ్చిన ఈ జీవితం నీ ప్రేమకే అంకితం నాన్న Love u Nanna



నాన్న నన్ను ప్రపంచానికి పరిచయం చేసిన వ్యక్తి. నా నవ్వులో నీ సంతోషాన్ని వెతుకుతున్నావు. నా జీవితం కోసం నీ జీవితాన్ని త్యాగం చేశావు నాన్న. నాన్న నీ ప్రేమ అందుకోలేని ఆకాశంలాంటిది. చూస్తుంటే ఇంతేనా అన్నట్టు ఉంటుంది. దానిని గుర్తించాలంటే ఎన్ని జన్మలెత్తినా సరిపోదు.....

మనం జీవితంలో నాలుగు విషయాలకు ఎప్పుడూ సిగ్గు పడకూడదు.

☞ చిరిగిన బట్టలు వేసుకోవడం

☞ పేదరికం

☞ పేదస్నేహితులు

☞ ముసలి అమ్మనాన్నలు



- K. Anusha
| B.Sc.(CBZ)

జె. ఎం. జె. ప్రకృతి

మా జె యం జె లో ఒక పువ్వు వికసిస్తూ చెప్తుంది.
జీవించే ఒక్కరోజైనా గౌరవంగా జీవించమని
ఒక ఆకు రాలుతూ చెప్తుంది
జీవితం శాశ్వతం కాదని ఏనాటికైనా రాలక తప్పదని
ఒక మేఘం వర్షిస్తూ చెబుతుంది
తన జీవనాన్ని పదిమందికి పంచమని
ఒక కొవ్వొత్తి వెలుగుతూ చెప్తుంది.
తనలాగే చివరి క్షణం వరకు పరులకు
ఉపయోగపడమని
ఒక మెరుపు మెరుస్తూ చెబుతుంది.
జీవించే కొద్ది కాలమైనా ఉజ్వలంగా జీవించమని.
ఒక వృక్షం చల్లగా చెప్తుంది.
తాను కష్టాల్లో ఉన్న ఇతరులకు సుఖాన్ని ఇవ్వమని
ఒక ఏరు పారుతూ చెప్తుంది.
తనలాగే ఒడిదుడుకులకు చలించకుండా సాగమని.



- A. Divya, III B.A. Economics



కనుమరుగైన జానపదకళలు

సామాన్య కళలు మనుష్య సౌందర్య సంబదితమని లలిత కళలు మనుష్య హృదయ సంబదితమని మన పూర్వీకులు నిర్దేశించారు. చతుషష్టి కళలుగా విభజించారు.

నేడు చాలా కళలు కనుమరుగైనాయి. వాటి ఉనికిని కోల్పోయి తెరమరుగైనాయి. వాటిలో జానపద కళలు అనేకం ఉన్నాయి. జానపదకళ అనేది తెలుగువారికి అపూర్వమైన వారసత్వ సంపద. జానపదకళ సాహిత్యం ద్వారా జాతి సంస్కృతి తెలుస్తుంది. ఒక జాతి నిర్మాణానికి అవసరమైన ఆకారాలు జానపదకళలు అందిస్తాయి. శతాబ్దాలుగా ప్రజలకు వినోదాన్ని, విజ్ఞానాన్ని అందించింది జానపద ప్రదర్శన కళలే.

ఒకప్పుడు సామాన్య ప్రజలకు పురాణాలను గురించి కానీ, ఇతిహాసాల గురించి కానీ, గొప్ప గొప్ప రాజుల చరిత్రల గురించి కానీ తెలియడానికి, ఆనందాన్ని విజ్ఞానాన్ని కలిగించటానికి ఈ జానపదకళలే ఎంతో దోహదం చేసేవి. వాటిలో తప్పెటగుళ్లు, తోలుబొమ్మలాట, హరిదాసు, నెమలి నృత్యం, బుర్రకథ, యక్షగానం, ఒగ్గుకథ ఇలా మరెన్నో కళలు వినోదాన్ని, విజ్ఞానాన్ని అందించేవి. కాలం గడిచేకొద్దీ నాటకరంగం అభివృద్ధి చెందడం, ఆ తరువాత కాలంలో చలనచిత్రాలు, వార్తాపత్రికలు, రేడియోలు, టీ.వి.లు మొదలైనవి రావడం వల్ల ఈ కళలు ఇప్పుడు దాదాపు కనుమరుగైపోయే పరిస్థితి ఏర్పడింది. ఈ కళలనే నమ్ముకున్న కళాకారుల పరిస్థితి చాలా దయనీయమైన స్థితికి చేరుకుంది. కనుక ఈ కళలు పూర్తిగా అంతరించిపోకుండా కాపాడుకునే అవసరం మరియు తిరిగి ఆ కళలను అభివృద్ధిని తీసుకు రావడం మనకు, మన సంస్కృతికి ఎంతో అవసరం.



- K. Manasa Durga, III B.A.



లక్ష్మి

అమ్మాయి జన్మిస్తే కొంతమంది మహాలక్ష్మి జన్మించింది అని భావిస్తారు. మరికొంతమంది అమ్మాయి జన్మిస్తే అశుభంగా లేదా వదలించుకోవడం, చంపివేయడం అలా చేస్తుంటారు. కానీ ఒక అబ్బాయి జన్మిస్తే ఇంటికి వారసుడొచ్చాడు అని చాలామంది సంతోషిస్తారు. ఒక ఊరిలో ఇద్దరు దంపతులు వ్యవసాయం చేస్తూ, వారి జీవితాన్ని కొనసాగిస్తుండేవారు. వారికి కొంతకాలం నుండి పిల్లలు జన్మించలేదని బాధపడేవారు. కొన్నిరోజుల తర్వాత ఆమెకు తల్లి అయ్యే అవకాశాన్ని దేవుడు కల్పిస్తాడు. వారికి అబ్బాయి ఇష్టం. వారికి చాలా పేదజీవితం అమ్మాయి జన్మిస్తే పోషించలేరని వారు మనసులో బాధపడేవారు. కానీ దేవుడు వారికి అమ్మాయిని జన్మించేలా చేస్తాడు. అమ్మాయి జన్మించగానే తండ్రి చాలా బాధపడేవాడు. కొన్ని రోజులు తర్వాత వర్షాలు బాగా పడడం వల్ల వ్యవసాయం మీద వారికి చాలా డబ్బులు వచ్చాయి. ఈ డబ్బుతో వారు కోటీశ్వరులవుతారు. ఇదంతా అమ్మాయి జన్మించడం వలనే అని ఆ దంపతులు అనుకుంటారు. ఉన్న డబ్బుతో పేదవారికి అందిన సహాయం చేస్తుండేవారు. ఆ దంపతులు కలిసి అమ్మాయికి లక్ష్మి అని పేరు పెట్టారు. వారు లక్ష్మిని అపురూపంగా, సంతోషంగా చూసుకుంటారు. లక్ష్మికి 7 ఏళ్ళ వయస్సులో బడి నుండి తిరిగి వస్తుండగా రోడ్డు మీద ఒక కుక్క రక్తంతో పడి ఉంటది. లక్ష్మి ఆ కుక్కను చేతులపై పెట్టుకొని వెళ్తుంది. మనసులో ఎలాగైనా దీనికి వైద్యం చేయించి, బ్రతికించాలని అనుకుంటది. కొంచెం దూరంలో కుక్క మరణిస్తది లక్ష్మి ఆ సంఘటన గుర్తుకు వచ్చినప్పుడల్లా చాలా బాధపడేది. ఇది చూసి వారి తల్లిదండ్రులు లక్ష్మిని సంతోషంగా ఉంచడానికి ఒక అందమైన ప్రదేశానికి వెళ్ళాలని అనుకుంటారు. ఇంతలో లక్ష్మి తల్లిదండ్రులకు ప్రమాదం జరగడం వల్ల వారు అక్కడిక్కడే మరణిస్తారు. ఇది విన్న లక్ష్మి క్రుంగిపోయి బిగ్గరగా ఏడుస్తుంది. లక్ష్మి కుటుంబసభ్యులు ఆమెను ఓదార్చడానికి చూస్తారు. ఆమెకి తెలియని వయస్సులో ఆమెచేత సంతకం చేయించుకుని కుటుంబసభ్యులు లక్ష్మికి ఆస్తిని కుటుంబసభ్యులకు వెళ్ళేలా చేసుకుంటారు. లక్ష్మిని ఎవరు ఆదరించేవాళ్ళు



లేక చివరకు ఆనాథశ్రమంలో చేర్చిస్తారు. లక్ష్మి రోజూ వారి తల్లిదండ్రులు చనిపోయిన విషయం గుర్తుకు తెచ్చుకుంటూ బాధపడేది. తనుకూడా చనిపోవాలి అని నిర్ణయం తీసుకుంటుంది. కానీ అక్కడ ఆనాథాశ్రమంలో ఉన్న గురువు పిల్లలకి ఆత్మహత్య చేసుకోవడం మహా పాపం ఆ పని పిరికివారు చేసే పని అని వివరిస్తుండేవారు. ఇది విన్న లక్ష్మి నిర్ణయం మార్చుకుంటుంది. ఏదైనా బ్రతికి సాధించాలని అనుకుంటుంది. ఎంతో కష్టపడి మంచి స్థాయికి వస్తుంది. మంచి ఇల్లు, ఆఫీస్ లో జాబ్ రావడం సంతోషంగా ఉంటుంది. ఒకరోజు లక్ష్మి ఆఫీసు నుండి తిరిగి వస్తుండగా ఒక కుక్క ప్రాణంతో కొట్టుమిట్టాడుతుంది. దాన్ని చూసి లక్ష్మి ఆసుపత్రికి తీసుక వెళ్తుంది లక్ష్మి ఆసుపత్రికి సంబంధించిన చికిత్సకి డబ్బు కట్టి వెళ్ళిపోయింది. లక్ష్మి ఒకరోజు ఆఫీస్ నుండి వెళ్తుండగా కుక్క లక్ష్మిని చూసి పరుగెత్తి లక్ష్మి ఉన్న చోటికి చేరుకుంటుంది . కుక్కను చూసి లక్ష్మి నా కోసం ఇంత దూరం వచ్చావా అని కుక్కను పెంచుకుంటుంది. రోజు కుక్కకు కావలసిన ఆహారం తెచ్చి పెడుతూ ఉండేది. లక్ష్మి ఆఫీసు నుండి తిరిగి రాగానే ఇంటిని కుక్క చిందరవందరగా చేసేది, లక్ష్మి ఒక పిల్లవానిలాగా చూసుకొని ఏం చేసినా మంచిగా చూసుకొనేది. ఆ కుక్కకి లక్ష్మి అని పేరు పెట్టింది. ఎందుకంటే ఎవరు లేని నా జీవితంలోకి నువ్వు నాకు లక్ష్మిలాగా అనిపించావు. ఒకరోజు లక్ష్మి నోటి నుండి నురగ రావడం లక్ష్మి గమనించి ఆసుపత్రికి తీసుకు వెళ్ళి చికిత్స చేయిస్తుంది. లక్ష్మికి వచ్చిన రిపోర్టులో తనకి బ్లడ్ క్యాన్సర్ అని ఉంటుంది. లక్ష్మి చూసి డాక్టర్స్ ఇది ఎలా వచ్చింది. డాక్టర్ ఇది జన్మపరమైన వ్యాధి కింద లక్ష్మికి వచ్చింది. అప్పుడు లక్ష్మి ఇది ఎలాగైనా మీరు బ్రతికించండి ఎంత డబ్బు అయినా ఇస్తాను అని చెప్పగా, డాక్టర్ బ్రతికించే స్టేజ్ దాటిపోయిందన్నారు. అది వినగానే లక్ష్మి బిగ్గరగా ఏడుస్తూ నువ్వు కూడా నా నుంచి వెళ్ళిపోతావా అని చాలా బాధపడేది. లక్ష్మిని ఉన్నన్ని రోజులు చాలా సంతోషంగా చూసుకునేది. తనకు కావలసిన, ఇష్టమైన ఆహారం పెడుతూ సంతోషంగా చూసుకునేది. లక్ష్మి చిన్నప్పటి విషయాలను గుర్తుకు తెచ్చుకొని బాధపడేది. అది చూసి లక్ష్మి ప్రేమతో దగ్గరకు వచ్చి లక్ష్మికి ముద్దు మరియు హాగ్ చేసుకొని నీకు నేను ఉన్నా అని తెలియజేసేది. లక్ష్మి, లక్ష్మిని ఒక అందమైన ప్రదేశానికి తీసుకువెళ్తుంది. అక్కడ ఇద్దరు అడుకుంటుండగా లక్ష్మికి ఫోన్ కాల్ వస్తుంది. ఇంతలో లక్ష్మి కనిపించకుండా దానికోసం పరుగెత్తి లక్ష్మి కోసం గాలిస్తుంది. చివరకు లక్ష్మిని పెంచి పెద్ద చేసిన ఆనాథాశ్రమం దగ్గరకు వెళ్తుంది. అక్కడ లక్ష్మి పుట్టినరోజు వేడుకను చూసిన లక్ష్మి, లక్ష్మిని తీసుకురావడానికి ఇలాచేస్తుంది. లక్షల వచ్చిన డబ్బుతో కొంత డబ్బు ఆనాథాశ్రమంకి ఇచ్చేది. లక్ష్మిని మీరు ఆదర్శంగా తీసుకోవాలి అని అక్కడ ఉన్న గురువు చెప్తూ ఉండగా అది విన్న లక్ష్మి బాధతో ఆనందభాష్యాలు వస్తాయి. ఇదంతా నీ వల్లే లక్ష్మి అంటూ హాగ్ చేసుకుంటుంది. నీ ఋణం ఎప్పటికి తీర్చుకోలేను అంటూ బాధపడేది. ఇంతటి లక్ష్మి నోటి నుండి రక్తం వస్తుంది. అది చూసి లక్ష్మి ఆసుపత్రికి తీసుకు వెళ్ళాలని అనుకొని లక్ష్మికి మధ్యలోనే ప్రాణం కోల్పోతుంది. నేను చాలా దురదృష్టురాలని నేను ఏది కోరుకున్న చివరకు దక్కదని బిగ్గరగా ఏడుస్తుంది. లక్ష్మి బాధతో నేను జీవితాంతం నిన్ను మరిచిపోలేను లక్ష్మి అంటూ క్రుంగిపోయేది. కొన్నిరోజులు తర్వాత లక్ష్మి పోలికలతో ఉన్న మరొక కుక్కని చూసి దత్తత తీసుకొని తన జీవితాన్ని కొనసాగించేది. దత్తత తీసుకోవడం ద్వారా మీరు సమాచారం మరియు దయగల ఎంపిక చేసుకోవచ్చు. ఇది ప్రపంచాన్ని జంతువులకు మంచి ప్రదేశంగా మారుస్తుంది. ఒక్కటి నిజం మనం చిన్నప్పటి నుండి మరణించే వరకు మన పిల్లలు లేదా మనకు సంబంధించిన వాళ్ళు జీవితాంతం ఉండొచ్చు, ఉండకపోవచ్చు కానీ విశ్వాసం ఉన్న జంతువులు మనం మరణించేవరకు మనతోనే ఉంటాయి.



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II B.Sc. Home Sciene

త్యాగం

ఆకాశంలో ఎగిరే ఒక పక్షి, ఒక తెల్ల గులాబిని చూసింది. దానిమీద మనస్సు పడింది. ఆకాశంలో ఎగురుతూ వచ్చి ఆ పువ్వును ప్రతిరోజు చూసి ఆనందించేది. ఆ పక్షి, పువ్వును ప్రాణం కంటే ఎక్కువగా ప్రేమించింది. ఇలా కొన్ని రోజులు గడిచాయి. ఆ పక్షి పువ్వుకు I Love You చెప్పింది. గులాబి దానికి అంగీకరించలేదు. కానీ ఒక షరతు పెట్టింది. “నేను ఎర్రగా మారినప్పుడు నిన్ను ప్రేమిస్తానని” అన్నది. అది విని పక్షి, ఒక నిర్ణయం తీసుకొని గులాబి కోసం ఎంతటి ప్రాణత్యాగమైనా చేయాలని అనుకుంది. తన ప్రాణాలను సైతం లెక్క చేయకుండా తన శరీరాన్ని గాయపర్చుకొని తన శరీరం నుండి వచ్చే ప్రతి రక్తపుబొట్టును గులాబి కోసమే అర్పించింది. తన శరీరం నుండి రక్తం వరద పొంగులా కార్చి కార్చి చివరకు ఆ గులాబి ఎర్రగా మారేలోపు తన ప్రాణాలను గగనాలకు వదిలివేసింది. ఆ పక్షి ప్రేమకోసం తన ప్రాణాలను విడిచింది. ఈవిధంగా పక్షి ప్రేమను గెలిపించింది. ప్రేమ అనేది ఎంతటి త్యాగానికైనా భయపడదు. జగతిలో ఒక తీపిగుర్తుగా మిగిలిపోయింది. తరాలు మారినా ఎన్నడు మారిపోనిది ప్రేమ. కలకాలం నిలిచిపోయేదే ప్రేమ.



- M. Kavya, I B.A.

స్వయంకృషి

ఈ లోకంలో ఒక పురుగుకి సింహానికి మధ్య ఎంత వ్యత్యాసం అలాగే మనిషికి మనిషికి మధ్య ఉంది. మనం ఉదాహరణకు హిట్లర్ ని బుద్ధుణ్ణి తీసుకుందాం. వీరినే ఎందుకు తీసుకున్నామంటే? హిట్లర్ ని ఎంత పరిపాలన - తానే రాజు అని అనుకుంటాడు కానీ బుద్ధుడు అలా కాదు. మరి బుద్ధుడు ఇలా అన్నాడు మనుషులందరూ సమానం అని. దీనినిబట్టి ఎంత ఎదిగిన ఒదిగి ఉండడం బుద్ధుడి నుండి నేర్చుకున్నాం ఏ పరిస్థితిలోనైనా నేనే గొప్ప అని అనుకోరాదు, దేవుని దృష్టిలో అందరు సమానమే..... “కృషి ఉంటే మనుషులు ఋషులు అవుతారు, మహా పురుషులు అవుతారు” కృషియే మానవకోటికి జీవాధారం. అలసినా సొలసినా స్వయంకృషితో సాగిపోదాం.....



- J. Naga Siva Saranya

II Bi.PC

ఇతరులతో ఎలా ప్రవర్తించాలి

మనం ఇతరులతో మంచిగా ఉండాలి మన ప్రవర్తన చూసి ఇతరులు మెచ్చుకునే విధంగా ఉండాలి. మన మాటతీరు మనం మాట్లాడే విధానం ఇతరులు చూసి ఇది మంచి ప్రవర్తన అని వాళ్ళుకూడా నేర్చుకునే విధంగా ఉండాలి. మనం ఎంత చదువు చదివినా మన ప్రవర్తన మంచిగా లేకపోతే అది వ్యర్థం ముఖ్యంగా పెద్దవాళ్ళను గౌరవించాలి. మనకు ఉన్నంతలో ఇతరులకు సహాయం చేసేవిధంగా ఉండాలి మన ఉపాధ్యాయులను గౌరవించాలి. వారు ఒకవేళ మనల్ని గద్దించిన కూడా వారిని తిట్టుకోకుండా వారి గద్దింపులను మనం గౌరవించాలి. వారు చెప్పే మంచి మాటలను అలవర్చుకోవాలి నైతిక విలువలను నేర్చుకోవాలి. మనం మన తల్లిదండ్రులకు, గురువులను గౌరవించాలి. మన మిత్రులతో మాట్లాడేటప్పుడు మనం చెప్పే విషయమే కాకుండా ఎదుటివారు చెప్పే విషయాలని మనం ఓర్పుతో వినాలి. వారు చెప్పే చెడు మాటలు కాకుండా మంచిని గ్రహించాలి ఎవరితోనైనా కూడా మనం తగిన పరిమితులలోనే స్నేహం చేయాలి వృద్ధులపట్ల జాలి దయ కలిగి ఉండాలి. మనం ఎవరైనా ఏదైనా తెలియక తప్పుచేస్తే వారిని ఎగతాళి చేసేవిధంగా ఉండకూడదు. ఎవరిని బాధపెట్టే విధంగా మనం ఉండకూడదు. వారు చేసే తప్పులను వారికి చూపించి మంచిమార్గంలో నడవమని మన బాధ్యత ప్రకారం మనం సలహా ఇవ్వాలి ఇతరులతో ప్రయాణిస్తున్నప్పుడు మంచిని గూర్చి మాత్రమే సంభాషించే విధంగా ఉండాలి.



- S. Priyadarshini, II B.A. Spl.Economics

అమ్మ

అమితమైన ప్రేమ అమ్మ.....!	అమ్మ రుణం తీరలేనిది.....!
అంతులేని అనురాగం అమ్మ.....!	బుడిబుడి అడుగులకు అలంబన.....!
అలుపెరుగని ఓర్పు అమ్మ.....!	తడబడు అడుగులకు సవరణ అమ్మ.....!
అద్భుతమైన స్నేహం అమ్మ.....!	అమ్మప్రేమ దీర్ఘకాలము సహించును.....!
అపురూపమైన కావ్యం అమ్మ.....!	అమ్మప్రేమ మత్సరపడదు దయ చూపించును.....!
అరుదైన రూపం అమ్మ.....!	అమ్మప్రేమ డంబముగా ప్రవర్తించదు.....!
అమ్మఒడి చల్లనైనది.....!	అమ్మప్రేమ అన్నిటిని తోలుకొనును.
అమ్మప్రేమ కమ్మనైనది.....!	అన్నిటిని నమ్మును.....!
అమ్మరూపం అపురూపమైనది	
అమ్మదీవెన దివ్యమైనది.....!	
అమ్మ మది స్వచ్ఛమైనది.....!	
అమ్మ ఆకాంక్ష ఎనలేనిది.....!	



- L. Sowmya, III B.Sc. MSCs

మంచినాయకుడు

మీరైతే అలాగా ఉండరాదు. మీలో గొప్పవాడు చిన్నవానివలెను, అధిపతి పరిచారకునివలె నుండవలెను.

(లూకా22:26)

18 శతాబ్దంలో అమెరికాలోని మేరీ రాష్ట్రములోని బాలిట్మోర్ పెద్ద తుఫాను వచ్చింది ఒక పెద్దచెట్టు రోడ్డుకు అడ్డంగా పడిపోయింది బ్రూఫిక్ అంత ఆగిపోయింది తొలగించుటకు అనేకమంది సైనికులను పంపబడ్డారు ఆ చెట్టు చాలా పెద్దదిగా ఉన్నది సైనికులు దాని కొమ్మలు అన్ని నరికి రోడ్డుపక్కన పడేశారు వారు మ్రానును కదులుచుటకు ప్రయత్నిస్తున్నారు కానీ అది చాలా బరువుగా ఉండటం వలన వారు కదిలించలేకపోతున్నారు వారిచేత పని చేస్తున్న వారి నాయకులు చాలా బలంగా ఉన్నాడు అతడు ఒక గుర్రంపై కూర్చొని పని ఎలా చేయాలో సలహా ఇస్తున్నాడు.

అంతలో తెల్లని గుర్రముపై ఒక వ్యక్తి అక్కడికి వచ్చాడు అతడు ఆ ఆఫీసర్తో మీరు చెమటలు కక్కుతున్న ఆ సైనికులకు ఆజ్ఞలను జారీ చేస్తున్నారు కానీ మీరు కొంచెం కూడా వారికి సాయం చే యుట లేదు నీవు ఒక చేయి వేయవచ్చును కదా అని అడిగాడు అందుకు ఆ ఆఫీసర్ తీవ్రంగా నేను వీరందరికీ పైఅధికారిని వీరితో కలిసి పనిచేయుట నా స్థాయికి తగినది కాదు అని అన్నాడు వచ్చిన వ్యక్తి వెంటనే గుర్రం దిగాడు మీరు తన కోటు టోపీ తీసి సైనికులతో కలిసి ఆ మ్రానును రోడ్డుపై నుండి తొలగించాడు. తరువాత అతడు తన కోటు వేసుకొని టోపీ పెట్టుకుని ఆఫీసర్గారు మీకు ఏదైనా కష్టమైన పని ఉంటే నన్ను పిలవండి నేను వచ్చి సహాయం చేస్తాను అని అన్నాడు. మీరు ఎవరు? అని ఆఫీసర్ అతన్ని అడిగాడు. “నా పేరు జార్జ్ వాషింగ్టన్” అంటూ ఆయన గుర్రంపై స్పీడ్ గా వెళ్లిపోయాడు. ఆఫీసర్ కు నోట మాట రాలేదు. గొంతు తడి ఆరిపోయింది. ఆ వచ్చినది అమెరికా అధ్యక్షుడు. అమెరికా సైన్యమునకు సర్వ సైన్యాధిపతి. అమెరికా స్వతంత్ర పోరాటంలో సర్వసైన్యాధిపతిగా ఆయన సైన్యమును నడిపి మొదటి ప్రసిడెంట్ అయ్యాడు నాయకులు కేవలము మార్గమును చూపించువాడుగా ఉండుట కాదుకానీ ఆ మార్గంలో ప్రయత్నించువాడుగా ఉండవలెను.



- J. Anitha, II CEC

అన్నాచెల్లెళ్ళ ప్రేమ



అమ్మలోని మొదటి అక్షరం నాన్నలోని రెండవ అక్షరం కలిపితేనే అన్న అంటారు. అన్న అమ్మలా ప్రేమని, నాన్నలా బాధ్యతని రెండూ చెల్లికి అన్నీ అందిస్తాడు. అన్న ఆరోగ్యంగా, జాగ్రత్తగా, క్షేమంగా ఉండాలని రాఖీ పండుగను జరుపుకుంటారు. అన్నకి రాఖీ కట్టడం వలన అన్న క్షేమంగా ఉండాలని చెల్లెలి నమ్మకం.

చెల్లి ఎన్ని తప్పులు చేసిన అన్న సంధి చెప్పి ఆ తప్పులను తల్లిలా మనసులో దాచుకొని ఆ తప్పులను సరి చేయడానికి చూస్తాడు. అన్న అనే పదం రెండు అక్షరాలు అయినా దానికి ఉన్న అర్థం మాత్రం సముద్రంలో ఉన్న లోతంతటిది. అన్నా..... అంటే చాలు తల్లిదండ్రులు చేయలేని సహాయాలను కూడా అన్న వెనకాడడు. అన్న అనే పదం చిన్నది అయినా దానిలో ఉన్న ప్రేమ చిన్నది కాదు అమ్మ నాన్న తర్వాత అత్యంత ముఖ్యమైన వ్యక్తి అన్న అనేవాడిని దేవుడు పైనుంచి పంపించి ఉండకపోతే చాలా మంచిప్రేమను కోల్పోయేవారు.

ఆ దేవుడు పంపిన దీవెన అన్నయ్య. అమ్మంటే ఆలనాపాలన. అన్నయ్య నాకంటే ముందుగా పుట్టినా ఇంకో రూపం అన్నయ్య నా ఆకలి చూసి అమ్మ అయ్యాడు. అన్నయ్య నా ఆశలు తీర్చినాడయ్యాడు తనే అన్నయ్యకు అర్థం చెప్పిన అది పిలిస్తే కదని తెలపన ఆట ఆడగాగెలుపొందిన విజయం మీగాఅన్నయ్య.

ఒకవేళ చెల్లి ఆపదలలో ఉన్న సహాయపడువాడు అన్నే అమ్మలా లాలి పాడతాడు నాన్నలా లాలి పోస్తాడు అన్న యొక్క ప్రేమకు అంతులేదు అన్న అంటే చాలు ప్రకృత ఎవరు ఉన్న పట్టించుకోకుండా ఏమి చేయడానికి అయినా వెనకాడడు చెల్లి ఆకలి చూచి అన్న అమ్మలా అవుతాడు అదే చెల్లి ఆశలు కూడా తీర్చి నాన్న అవుతాడు అన్నయ్య. అన్నయ్యకు అర్థం చెప్పనా అది పిలుపు కాదు ఒక ప్రేమ యుగం.

నాకు అన్నయ్య అంటే చాలా ఇష్టం. ఎందుకంటే నాకు అన్నయ్య లేడు. ఏ మనిషికైనా మనిషి లేనప్పుడు మనిషి విలువ బాగా తెలుస్తుంది. ఎందుకో తెలియదు అన్నయ్య అంటే చాలు నా కంటిలో నీరు తిరగని రోజు లేదు. నేను బాధపడిన నిమిషము లేదు అంత ఇష్టం అన్నయ్య అంటే అన్నయ్య ఉంటే చెల్లికి అది ఒక భద్రత అన్నయ్య లేనివారికి అన్నయ్య యొక్క విలువ తెలుస్తుంది. ఆ ప్రేమ అందరికీ దొరకాలని మరియు అన్నయ్య ఉన్నవారికి వారు బాగాప్రేమగా చూసుకోవాలని. వారి ప్రేమ అర్థం చేసుకోవాలని ప్రతి రాఖీపండుగకు అన్నయ్య లేక నేను ఎంత బాధపడుతున్నానో అన్నయ్య లేకపోయినా కానీ దేవుడు నాకు ఒక తమ్ముడిని తోడుగా ఇచ్చాడు. కానీ అన్నయ్యలేని బాధను మటుకు అంతే మిగిలిపోయింది. ఎవరికైనా అన్నయ్య ఉంటే వారిని అన్నయ్య అని పిలిస్తే నేను పిలవలేకపోతున్నాను అని ప్రతి నిమిషం బాధ పడుతున్నాను.



- Y. Mary Jones, | B.Sc. (CBZ)

అందమైన జ్ఞాపకం

పచ్చటి పైరులు పారేటి జలాలు
 పక్షుల కిలకిలలు పైరుగాలుల సవ్వడులు
 ఎత్తైన కొండలు లోతైన లోయలు
 నిండైన సముద్రాలు సొంపైన నదులు
 మంచు తంపెరలు..... జాలువారే జలపాతాలు
 కోయిలమ్మ కూతలు కొండముచ్చు ఆటలు
 పిచుకమ్మ గుళ్ళు..... కాకమ్మ కబుర్లు
 లేడి పరుగులు మయూరి గిన్నరాలు ఘీంకారాలు
 తడిపొడి నేలలు జరాజర పాకే జంతువులు
 అందమైన ఉషోదయాలు.....అత్యద్భుతమైన
 సుగంధ పరిమళ పుష్పాలూ.....మకరందభరిత ఫలాలు
 నేలకాశపు రంగుల హరివిల్లుసుందర సుకుమార సీతాకోకచిలుకలు
 ప్రకృతి రమణీయతలునయానాందకర దృశ్యాలు
 పలకరించేటి పవనాలు..... పులకరించేటి వానలు
 చూపరులు మెచ్చే సొగసులు తన్మయపరచే అనుభూతులు
 స్వరాన్ని తలపించే అందాలు భూలోకవాసుల ఆనందాలు
 భావితరాలకు నిధులు ఈ ప్రకృతిమాత వనరులు.....
 ఏమయి పోయాయి ఇవన్నీ నాగరికత మనసులో మరుగైనాయి



- T. Renuka
I B.Sc. Home Science



కాలం యొక్క ప్రాముఖ్యత

కాలం మన జీవితంలో ఎంతో విలువైనది.

వ్యక్తి జీవితంలో సమయపాలన పాటించడం బట్టి అతని జీవితం ఆధారపడి ఉంటుంది.

గడిచిపోయిన కాలం తిరిగి రాదు

కాలం ఎవరికోసం ఆగదు అన్న విషయం అందరూ గుర్తు పెట్టుకోవాలి.

మన జీవితంలో ఒక నిమిషం కూడా వృధా చేయరాదు.

విజయాన్ని సాధించిన వారందరూ కాలం విలువ తెలిసినవాళ్లే.

వారందరూ కాలాన్ని గౌరవిస్తారు మరియు సమయాన్ని చక్కగా ఉపయోగించుకుంటారు.



కాలం డబ్బు కన్నా విలువైనది.

డబ్బును తిరిగి పొందగలం కానీ కాలాన్ని తిరిగిపొందలేం

కాలాన్ని సద్వినియోగం చేసుకోవాలి.

సమయపాలన లేకపోతే రాజునైనను ఎవరు గౌరవించరు.

నీతులు చెప్పే వారందరూ సమయాన్ని ఉపయోగించుకునేవారు కాదు

అలాగని వాళ్ళకి సమయం విలువ తెలియదు అని కాదు.

సమయం మనకు అన్ని నేర్పిస్తుంది అది మనము నేర్చుకుంటేనే.

నీ జీవితంలో నీవు గమ్యాన్ని చేరాలి అంటే ముందు

సమయం సద్వినియోగం చేసుకోవడం తెలియాలి.

నీవు దేనినైనా తిరిగి పొందగలవేమో కానీ సమయాన్ని మాత్రం కాదు.

మన జీవితంలో గడిచిన ఏ ఒక్క సెకండ్ కూడా తిరిగి రాదు.

సమయాన్ని సద్వినియోగం చేసుకుండాం మన గమ్యాన్ని చేరుద్దాం.



- Ch. Sravani, I B.Sc. MPCs

మన భాష ప్రత్యేకత !

“నెలవంక” ఉంటుంది గానీ.. “వారంవంక” ఉండదు అదేంటో!!!
“పాలపుంత” ఉంటుంది గానీ.. “పెరుగుపుంత” ఉండదు
“పలకరింపు” ఉంటుందిగానీ.. “పుస్తకరింపు” ఉండదెందుకు?
“పిల్లకాలవ” ఉంటుందిగానీ.. “పిల్లోడికాలవ” ఉండదు... ఎందువల్లనో?
“పామాయిల్” ఉంటుందిగానీ.. “తేలుఆయిలు” ఉండదండి
“కారుమబ్బులు” ఉంటాయిగానీ.. “బస్సుమబ్బులు” ఉండవేమిటో!
“ట్యూబ్ లైటు” ఉందిగానీ.. “టైర్ లైటు” ఉండదు.
“ట్రాఫిక్ జామ్” ఉంటుందిగానీ.. “ట్రాఫిక్ బ్రెడ్” ఉండదు
“వడదెబ్బ” ఉంటుందిగానీ.. “ఇడ్లిదెబ్బ” ఉండదండి
“నిద్రగన్నేరు చెట్టు” ఉంటుంది గానీ.. “మెలకువ గన్నేరు చెట్టు” ఉండదండి
“ఆకురాయి” ఉంటుంది గానీ.. “కొమ్మరాయి” ఉండదండి
“పాలపిట్ట” ఉన్నదిగానీ.. “పెరుగు” గానీ, “మజ్జిగపిట్ట” గానీ ఉంటే ఒట్టు
“వడ్రంగిపిట్ట” ఉందిగానీ.. “ఇంకో వృత్తిపిట్ట” లేదు ఎందుకనో
“చుట్టరికాలు” మాత్రమే ఉంటాయి గానీ.. “సిగరెట్టరికాలు”.. “బీడీరికాలూ” ఉండవేమిటో
“రంగులరాట్నం” ఉంటుంది గానీ.. “బ్లాక్ అండ్ వైట్ రాట్నం” ఉండదెందుకని?
“ఫైర్ స్టేషన్” లో ఫైర్ ఉండదండి.
“పులిహారలో” పులి ఉండదండి.
“నేతి బీరకాయ”లో నెయ్యి ఉండదు
“మైసూర్ పాక్”లో మైసూర్ ఉండనే ఉండదు.
“గాలిపటం”లో గాలి ఉండదండి
“గల్లాపెట్టిలో గల్లా” ఉండదండి
చివరాఖరుగా...
“ఫేసుబుక్కులో” పుస్తకం, “యూట్యూబులో” గొట్టం ఉండవు!



- P. Mounika, II B.Com. Comp.

हवाओं की तरह तुझको चलना होगा



हवाओं की तरह तुझको चलना होगा

मुसीबत के तले तुझको पलना होगा

हमारा घर सबा अँधेरे में हैं फिर

चरागों की तरह तुझको जलना होगा

हुकूमत ने दिया था जो मरहम न था

हमारा ज़ख़्म अब तुझको भरना होगा

खिलाफ़त अब कहीं जाने न देनी है

सखावत के लिए तुझको लड़ना होगा

जलाने पर लगा है जो, उससे कह दो

हमारी आग से तुझको बचना होगा

आवारा जानवर गर हाकिम है तेरा

फ़सादी शख़्स से तुझको डरना होगा

~ मुहम्मद आसिफ अली



- Sk. Saniya Bhanu,
I Bi.PC

दया का फल



बादशाह सुबुतगिन पहले बहुत गरीब था | एक साधारण सैनिक था | एक दिन वह बन्दुक लेकर घोड़े पर बैठकर जंगल में शिकार खेलने गया था | उस दिन उसे बहुत दौड़ना और हैरान होना पड़ा | बहुत दूर जाने पर उसे एक हिरणी अपने छोटे बच्चे के साथ दिखाई पड़ी | सुबुतगिन ने उसके पीछे दौड़ा दौड़ा दिया |

हिरणी डर के मारे भाग कर एक झाड़ी में छिप गई ; लेकिन उसका छोटा बच्चा पीछे छूट गया | सुबुतगिन ने हिरण के बच्चे को पकड़ लिया और उसके पैर बांधकर घोड़े पर उसे लाद लिया | बहुत दूढ़ने ने पर भी जब हिरणी नहीं मिली तो बच्चे को लेकर ही वह लोट पड़ा |

हिरण ने देखा कि उसके बच्चे को शिकारी बांधकर लिए जा रहा है | वह अपने बच्चे के मोह से झाड़ी से निकल आई | और सुबुतगिन के घोड़े के पीछे पीछे दौड़ने लगी बहुत दूर जाकर सुबुतगिन ने पीछे देखा | अपने पीछे हिरणी को दौड़ता देख उसे आश्चर्य हुआ और दया आ गई | उसने उसके बच्चे के पैर खोल कर घोड़े से उतार दिया | हिरणी प्रसन्न होकर अपने बच्चे को लेकर भाग गई |

उस दिन घर लौट कर जब रात में सुबुतगिन सोया तो उसने एक स्वप्न देखा | उससे कोई देवदूत कह रहा था – " सुबुतगिन ! तू ने आज एक गरीब हिरणी पर जो दया की है | परमात्मा ने तेरा नाम बादशाहों की सूची में लिख लिया है | तू एक दिन बादशाह बनेगा " सुबुतगिन का स्वप्न सच्चा था | वह आगे चलकर बादशाह हुआ |

Moral Of the Story :-

“एक हिरणी पर दया करने का

जो जीवो पर दया करता है |

उस पर भगवान अवश्य प्रसन्न होते हैं ||”



- P. Saniya Chowdary, I Bi.PC

Chandrayaa-1: भारत का पहला चंद्रमा मिशन

परिभाषा:

चंद्रयान-1 भारत का पहला चंद्रमा मिशन है, जो एक निर्माणरत अस्त्रागार है।

इस मिशन का मुख्य उद्देश्य चंद्रमा की अध्ययन करना है।

विवरण:

चंद्रयान-1 मिशन में एक आरबीटर और एक इम्पैक्टर हैं।

यह मिशन चंद्रमा के चारों ओर 100 किलोमीटर की ऊंचाई पर घूम रहा है।

मिशन में भारत, यूके, अमेरिका, जर्मनी, बुल्गारिया और स्वीडन द्वारा निर्मित 11 वैज्ञानिक परिषदें शामिल हैं।

उद्देश्य:

वैज्ञानिक परिषदों के उपयोग से विभिन्न वैज्ञानिक प्रयोगों का आयोजन करना।

चंद्रमा के दूर और नजदीकी भागों के लिए 3-डी एटलस तैयार करना।

पूरे चंद्रमा की उच्च-संक्रामक और खनिजी छवि प्रदान करना।

10-200 के ईनर्जी सीमा में एक्स-रे स्पेक्ट्रम की अवलोकन करके चंद्रमा पर जलीय पदार्थों की मौजूदगी का पता लगाना।

चंद्रमा पर पानी की मौजूदगी की पुष्टि करना।

चंद्रयान-1 का प्रक्षेपण:

चंद्रयान-1 को PSLV-C11 प्रक्षेपण यान द्वारा सफलतापूर्वक प्रक्षेपित किया गया था।

8 नवंबर 2008 को चंद्रयान-1 को चंद्रमा की कक्षा में सफलतापूर्वक दाखिल किया गया।

14 नवंबर 2008 को, MIP (मून इम्पैक्ट प्रोब) को अलग किया गया, जो चंद्रमा के दक्षिणी ध्रुव में नियंत्रित ढंग से टकराया।

अगस्त 2009 को, तकनीकी समस्याओं और संपर्क विफलता के कारण, इसरो ने मिशन को समाप्त कर दिया।

चंद्रयान-1 का विद्यमान रहने का योजनित कालावधि 2 वर्ष थी, लेकिन यह 312 दिनों तक सफलतापूर्वक संचालित हुआ और अपने योजनित उद्देश्यों का 95% प्राप्त कर लिया।

चंद्रयान-1 का सबसे महत्वपूर्ण खोज था चंद्रमा की भूर्जी सूखी में पानी की व्यापक मौजूदगी।

चंद्रयान-1: अंतरिक्ष अनुसंधान का एक महत्वपूर्ण कदम

चंद्रयान-1 ने भारतीय अंतरिक्ष कार्यक्रम को महत्वपूर्ण उच्चारण दिया है। यह मिशन चंद्रमा की अध्ययन करने के लिए तकनीक का विकास करने और स्वदेशी रूप से इसे अन्वेषण करने में सक्षम भारतीय ने सकारात्मक योगदान दिया है।



चंद्रयान-1 का मुख्य उद्देश्य चंद्रमा के विभिन्न पहलुओं की अध्ययन करना था। इस मिशन के माध्यम से भारत ने चंद्रमा की सतह पर सूखी और नम चट्टानों, खनिजों, वायुमंडलीय प्रभावों, जलीय पदार्थों और इसके अलावा अन्य वैज्ञानिक पहलुओं का अध्ययन किया। यह मिशन भारत के वैज्ञानिकों को चंद्रमा की विभिन्न पहलुओं का गहराई से अध्ययन करने और समझने का अवसर प्रदान करता है।

इस मिशन के दौरान चंद्रयान-1 ने चंद्रमा की ऊर्जा और खनिजों की गुणवत्ता के बारे में उच्च-विनिर्माण छवि तैयार की। यह मिशन चंद्रमा के सतह पर पानी की मौजूदगी की पुष्टि करने में भी सफल रहा। चंद्रयान-1 के प्राथमिक खोजों में से एक था चंद्रमा के सूखी में पानी की व्यापक मौजूदगी का खुलासा करना।

इस रूप में, चंद्रयान-1 मिशन भारतीय अंतरिक्ष कार्यक्रम के लिए एक महत्वपूर्ण कदम है और भारत को वैश्विक अंतरिक्ष समुदाय में एक मान्यता प्राप्त कराता है। यह मिशन भौतिक और वैज्ञानिक खोज की दिशा में एक महत्वपूर्ण कदम है और भारत को वैश्विक मंच पर अंतरिक्ष अनुसंधान क्षेत्र में एक महत्वपूर्ण स्थान देता है।

चंद्रयान-1 मिशन ने वैज्ञानिकों को नई जानकारी और अद्भुत चंद्रमा की अवधारणा प्रदान की है। इस मिशन की सफलता ने भारत की अंतरिक्ष यात्रा के क्षेत्र में एक नया अध्याय खोला है और भारत को गर्व महसूस कराया है। चंद्रयान-1 की खोजों ने हमें चंद्रमा की पृथ्वी से अलग विशेषताओं के बारे में ज्ञान दिया है और मानव समझ को बढ़ावा दिया है।

चंद्रयान-1 के खोजों ने यह साबित किया है कि चंद्रमा वैज्ञानिक और अनुसंधान के लिए एक अत्यंत महत्वपूर्ण संसाधन के रूप में साकार हो सकता है। चंद्रमा पर पानी की मौजूदगी का खुलासा भी मानव अभियांत्रिकी और खाद्य संसाधनों के लिए एक महत्वपूर्ण विज्ञानिक और आर्थिक संदर्भ हो सकता है। इसके साथ ही, चंद्रयान-1 ने अंतरिक्ष निगमों के बीच वैज्ञानिक सहयोग और तकनीकी विनिमय का एक उदाहरण प्रस्तुत किया है। इस मिशन ने देश को विश्व भर में अंतरिक्ष अनुसंधान के क्षेत्र में एक प्रमुख खिलाड़ी बनाया है और वैज्ञानिक समुदाय में भारत की महत्वपूर्णता को बढ़ावा दिया है।

चंद्रयान-1 के लिए भारत ने स्वदेशी तकनीक का उपयोग किया है और इससे देश की विज्ञान और तकनीकी क्षमता को मजबूती मिली है। इस मिशन में विभिन्न देशों के सहयोगी वैज्ञानिक और तकनीक क्षमता उन्नत हो रही है और देश अंतरिक्ष अनुसंधान के क्षेत्र में महत्वपूर्ण योगदान दे सकता है। इस मिशन ने दिखाया है कि भारत अंतरिक्ष यात्रा की दिशा में तेजी से आगे बढ़ रहा है और यह देश की गरिमा का प्रतीक है।

चंद्रयान-1 के माध्यम से चंद्रमा के बारे में नई जानकारी और वैज्ञानिक गहराई मिली है। यह मिशन चंद्रमा की वातावरणिक, भौतिक, भूगोलिक और जैविक प्रकृति की अध्ययन करने में महत्वपूर्ण योगदान देने के साथ-साथ चंद्रमा के अस्तित्व और उसके पर्यावरण की संरचना को समझने में भी सहायता करता है। इसके अलावा, चंद्रयान-1 ने चंद्रमा के पानी की मौजूदगी की पुष्टि करके आगामी अंतरिक्ष मिशनों के लिए महत्वपूर्ण जानकारी प्रदान की है। इसे आगामी मिशनों की योजनाओं और तकनीकी विकास के लिए मूलभूत बेंचमार्क के रूप में देखा जा सकता है।

चंद्रयान-1 की अद्वितीयता उसके स्वदेशी विज्ञानिक और तकनीकी साधनों में छिपी है। भारत ने इस मिशन में विभिन्न उपग्रहों के लिए अपने स्वदेशी उपकरण विकसित किए हैं जो चंद्रयान-1 के अनुसंधान कार्यों को संभालने में मदद करते हैं। चंद्रयान-1 के माध्यम से यह सिद्ध हुआ है

कि भारत अपने वैज्ञानिकों और इंजीनियरों को एक अग्रणी भूमिका दे सकता है और देश के तकनीकी क्षेत्र में उन्नति और सशक्तिकरण की संभावनाओं को संकेत करता है। चंद्रयान-1 का मिशन न केवल अंतरिक्ष यात्रा में भारत की महत्वपूर्णता को प्रतिष्ठित करता है, बल्कि यह देश के वैज्ञानिकों और अंतरिक्ष अनुसंधान कर्मियों की मेहनत, समर्पण और साहस को भी मान्यता दिलाता है।

चंद्रयान-1 का मिशन एक महत्वपूर्ण पथप्रदर्शक यात्रा है जो भारत को अंतरिक्ष अनुसंधान के क्षेत्र में एक विश्वस्तरीय खिलाड़ी बनाने का संकेत देती है। इस मिशन के माध्यम से भारत ने अपनी वैज्ञानिक और तकनीकी क्षमता को प्रदर्शित किया है और स्वाभिमान से कहा है कि यह देश अंतरिक्ष क्षेत्र में एक महत्वपूर्ण योगदान कर सकता है। चंद्रयान-1 के माध्यम से हमें चंद्रमा के रहस्यमयी विश्व को खोजने का अद्वितीय अवसर प्राप्त हुआ है और हमें चंद्रमा की महत्वपूर्ण जानकारी और अद्भुत रचनाओं को विश्व के सामरिक तत्वों की तुलना में अच्छी तरह समझने का मौका मिला है। इस मिशन की सफलता ने हमें एक विश्वस्तरीय संगठन के रूप में भारत को मान्यता दिलाने का संकेत दिया है और भारत की अंतरिक्ष यात्रा को नए उच्चांक और मान्यता की प्राप्ति के साथ आगे बढ़ाया है।

प्राप्त करने का मौका दिया है और चंद्रमा के रहस्यों को समझने के लिए अद्वितीय संसाधन प्रदान किया है। इस मिशन के माध्यम से हमने चंद्रमा पर पानी की मौजूदगी का पता लगाया है और इसके परिणामस्वरूप हमें वैज्ञानिक और आर्थिक महत्वपूर्णता की पुष्टि मिली है। इस मिशन ने भारत को अंतरिक्ष यात्रा में एक महत्वपूर्ण स्थान प्रदान किया है और देश की गरिमा को बढ़ावा दिया है। चंद्रयान-1 की सफलता ने हमें दिखाया है कि हमारी वैज्ञानिक संभावनाओं में कोई सीमा नहीं है और हम अंतरिक्ष अनुसंधान के क्षेत्र में आगे बढ़कर देश की महत्वपूर्णता को मान्यता दिला सकते हैं। यदि आपको स्पेस की तरहा पर्सनल फाइनेंस या [इन्वेस्टमेंट](#) में दिलचस्पी है तो आप perfectalex.in वेबसाइट को विजिट कर सकते हैं।

अंत में, चंद्रयान-1 मिशन भारत के वैज्ञानिक और अंतरिक्ष क्षेत्र में गहरी प्रतिष्ठा का प्रतीक है। यह मिशन देश के विज्ञान और तकनीकी क्षेत्र को मजबूती देता है और आने वाले समय में और अधिक अंतरिक्ष मिशनों की प्रेरणा प्रदान करेगा। चंद्रयान-1 ने अंतरिक्ष अनुसंधान के क्षेत्र में भारत की उपस्थिति को मान्यता दिलाने के साथ-साथ देश के वैज्ञानिकों को भी गर्व महसूस कराया है।



- Shaik Saira
| B.Sc. (CBZ)



Sports Committee



NCC



NSS



Cultural Committee



Library Staff



Community College



Inauguration of Science Exhibition



Honouring MLA



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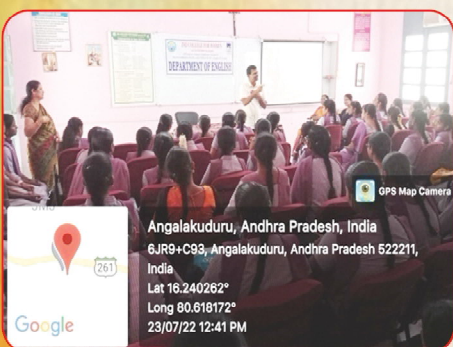


Gudivada, Andhra Pradesh, India
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Lat 16.289024°
Long 80.618537°
02/08/22 01:34 PM

Study Tour



Guest Lecture - Leadership Qualities



Angalakuduru, Andhra Pradesh, India
6JRB+C98, Angalakuduru, Andhra Pradesh 522211,
India
Lat 16.240262°
Long 80.618172°
23/07/22 12:41 PM

Guest Lecture on Effective Communication



Community Service Project



Chemical Analysis of Chromium in leafy Vegetables



Study on Health & Hygiene



Women empowerment



News Reading Competition



International Literacy Day



Azadika Amrita Mahotsav Rally



Hindi Divas Day



Elocution Competition



Numerical Aptitude Test



International White Cane Day



International Yoga Day



Ozone Day



Environmental Day



Drawing Competition



Azadi ka Amrit Mahotsav Rally



Non-Teaching Staff Day Celebration



75th Independence Day Celebration



World Mental Health Day



Alluri Sitarama Raju Jayanti



Essay Writing Competition



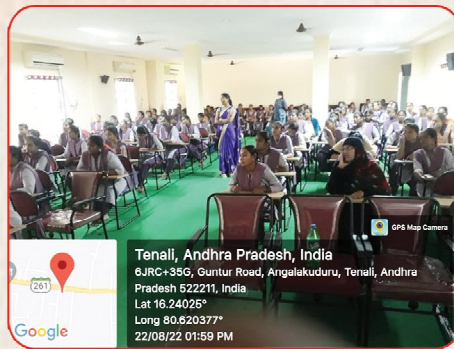
Mock Grama Panchayati



Mock Election Poll



Rally on Plantation Drive



Coding test on C-programming



National Statistical Day



Children's Day Celebration



Azadi ka Amrit Mahotshav



International Youth Day



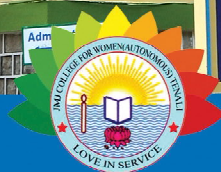
60th College Day Celebration



Art & Science Exhibition Awards



Science Exhibition



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